



**NGO Brothers of Charity** 

International development cooperation

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At the time of writing this foreword, we are all immersed in a serious crisis that struck totally unexpectedly and in all intensity, and which spared nothing or no one. Covid-19, formerly known only to virologists, conquered the world in just a few months and took dominion over it. Or how a tiny creature such as a virus can bring the whole world to a standstill.

Even Fracarita International is not spared by this pandemic, and we are being asked for help from different corners of the world. It will be difficult to rebuild what was abruptly torn down, and new forms of poverty will emerge and come to us for help. Just like the world looked different after 11 September 2001, it will also look different after the coronavirus pandemic. Today, we do not yet know what it will look like.

With this annual report, we can only look back and conclude that despite the many limitations we encountered, we were still able to achieve a great deal together with our global partners. The care for people with mental illness remains a key component of our congregation-organisation, because in so many places this care is still totally inadequate or completely lacking. We are therefore pleased that we were once again able to take a number of important initiatives to expand this care, and new projects are in the pipeline with the hope that we will be able to look at them after the coronavirus crisis and see what is possible.

Caring for people with disabilities also remains a marginal issue in many countries, but at the same time we see how we are not only helping people in a concrete way with our projects, providing them with guidance and new life opportunities, but are also steadily helping to bring about a real change in mentality. During a number of visits to our projects, we were able to experience this in a very concrete way.

As far as education is concerned, we see that our recently established schools, especially for underprivileged children, are growing in quality. For example, during my visit to Lahore in Pakistan, I was struck by the fact that a boy came to introduce himself and told me that he had met me for the first time when he was a little boy and had to press clay into a mould and made bricks with his parents every day. At that

time, he did not think he would ever be able to go to school. Now, he had prospects for a new future.

When reading and presenting an annual report like this one from Fracarita International, feelings of being proud and disappointed arise, as well as feelings of thankfulness.

Proud in what our partners in the South have achieved once again for these groups of people who are struggling in society. They usually did it with very limited resources, in uncertain circumstances, sometimes in war situations, but with courage, perseverance, hope and faith. Perhaps the latter is decisive for many of us: faith in man, the belief that every human being is valuable, that every human being is a creature of God that we must love just as God loves everyone without distinction.

Disappointment that we failed to achieve everything we dreamed of. So many requests came to us, too many to be able to respond in a positive way to all of them. Sometimes even acute needs remained unanswered, because we simply could not find the means to come to a positive solution.

But most of all, there is thankfulness for what we were able to accomplish. Thankful for the great commitment of our partners in the South. Thankful for the diligent work of our staff at Fracarita International. Thankful to those who supported us financially. Thankful for the projects we were able to submit and which received a positive follow-up. So, enough to be thankful, too, and to look forward to the future with hope.

Capacity building, project development, fundraising, and advocacy continue to be the four areas to which Fracarita International is committed in 2020. May the successes we achieved in 2019 encourage us to do even better in 2020, despite the coronavirus!



Bro. René Stockman, PhD General Superior Brothers of Charity President of Fracarita International

**Cover picture:** Home de la Vierge des Pauvres (HVP) in Gatagara, Rwanda: a centre for persons with physical and motor disabilities. ©Joost Van Heesvelde

"Proud in what our partners in the South have achieved once again for these groups of people who are struggling in society."

### Mission

### International Governance

Fracarita International is the nonprofit organization of the Congregation of the Brothers of Charity whose aim is to support the services of the congregation in Latin America, Africa and Asia. It will exercise this task in line with the mission of the Brothers of Charity which is oriented to radiate God's love in the world, especially in the lives of the most vulnerable people through concrete works of charity in the fields of mental health care, care for people with a disability and education.

\*\*\*\*\*\*\*

Fracarita International will fulfil its mission through concrete support to the services developed by the Brothers of Charity with special attention being given to capacity-building, coaching, exchange of knowledge and expertise, international fundraising and influencing policymakers. Through the creation of regional fundraising offices in several countries, Fracarita International will try to find new funds for projects.

A network of **continental** and **regional coordinators** has been established in order to improve professionalism in the services and enhance the local capacity for **self-reliance** through better management and a higher level of creativity and skills in setting up initiatives for local fundraising and income generating activities.

As a nonprofit organization with a special consultative status to the **United Nations**, Fracarita International respects a **human rights** based approach and will play its role as an advocate for those whose rights are not respected because of their specific life situation.

In order to achieve these objectives, Fracarita International will always be open to **collaboration** with other groups who share the same vision.

\*\*\*\*\*\*\*

Through its activities, Fracarita International, in line with the Social Doctrine of the Catholic Church, will serve humanity and especially those whose human dignity is at risk. In line with the mission of the Brothers of Charity, Fracarita International will help to improve the quality of life and contribute to a more humane society where there is a place for the poor and the weak.



▲ Centro de Educación Básica Especial 'Pedro José Triest' (CEPETRI), Lima, Peru

When the governance structure of Fracarita International was developed, special attention was paid to ensure that the organization is not only in word but also in deed a truly **international** organization. Brothers and co-workers from different parts of the world and with different cultural backgrounds are therefore involved in the governance structure and give direction to the organization. Cultural diversity really is a gift for our organization.

Another element that was incorporated into the governance structure is the principle of **subsidiarity**. Fracarita International is convinced that many tasks could be performed more effectively and in a more sustainable way at country level than at international level. That is why the 17 country offices form the centrepiece of our structure and are strongly encouraged to take responsibility with regard to local fundraising, monitoring and training.



Nevertheless, Fracarita International continues to support the country offices by taking up activities that can best be organized at international level such as international fundraising, stimulating the international solidarity within the congregation, providing training in capacity building to the country offices and international representation.

A third element that is typical for Fracarita International's organization structure is that the NGO is still **embedded in the congregation**, unlike many other NGOs founded by religious orders. The leading and decision making positions within Fracarita International are still held by the Brothers of Charity themselves to ensure that the congregation and the NGO act along the same lines.

#### Governance structure in 2019:

#### **General Assembly:**

The General Assembly is Fracarita International's sovereign body. It meets at least once a year.

President: Bro. René Stockman (BEL)

Members: Bro. Mukonkole Buanga Jean-Marie (DRC), Bro. Bekaert Godfried (BEL), Bro. Huayta-Rivera Jimi Antonio (PER), Bro. Rwabudandi Masasi Déogratias (RWA), Bro. Gerard Simpamagaye (BUR), Bro. John Fitzgerald (USA), Bro. Adrian Hartotanojo (IDN), Bro. Manirakiza Hippolyte (BUR).

#### **Governing Board**

The Governing Board is the deliberative body responsible for controlling the management activities of the Executive Committee.

President: Bro. René Stockman (BEL)

Members: Bro. Mukonkole Buanga Jean-Marie (DRC), Bro. Bekaert Godfried (BEL), Bro. Huayta-Rivera Jimi Antonio (PER), Bro. Rwabudandi Masasi Déogratias (RWA).

#### **Executive Committee:**

The Executive Committee is the executive body of Fracarita International and supervises the implementation of decisions taken by the General Assembly and Governing Board and represents the organization at international level.

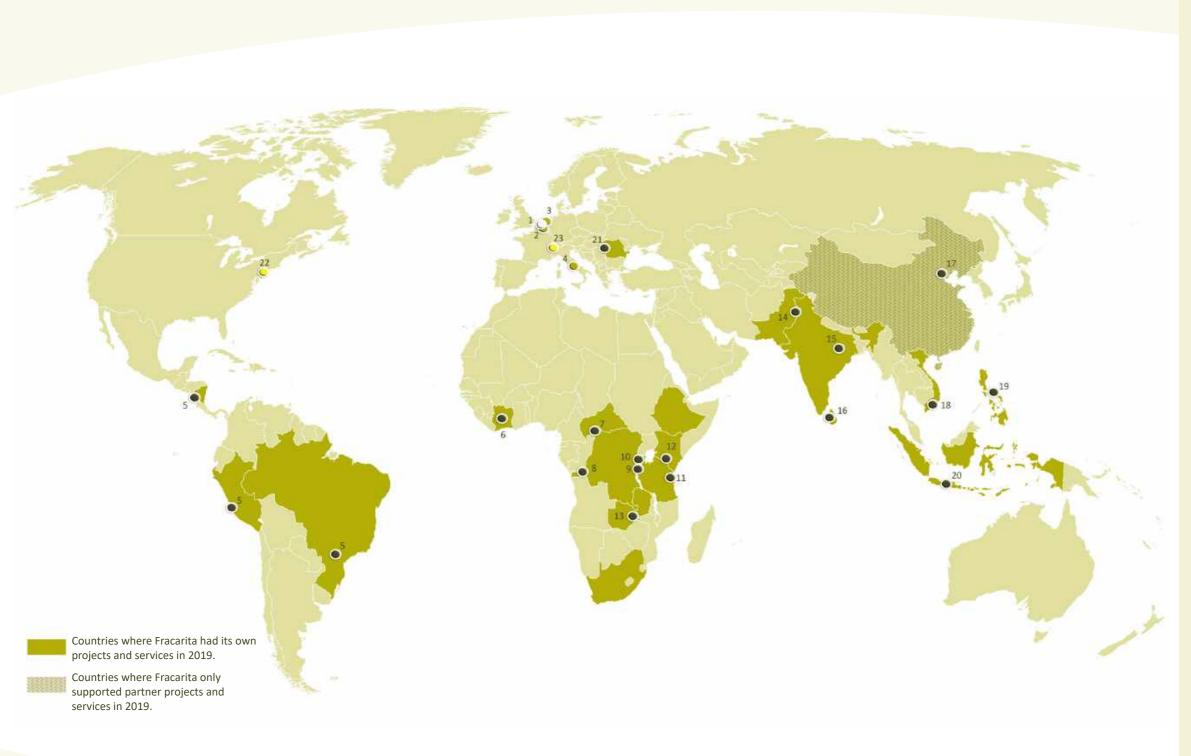
#### International Development Office:

This body coordinates and supports the different country offices of Fracarita.

■ See our organization chart for an overview of our NGO's structure in 2019.

## Where does Fracarita International work?

Fracarita supported thousands of people through 116 services in 20 countries in Africa, Asia, Latin America (and Romania/Europe) in 2019.





#### **Head Office**

1. Central services, Bruges, Belgium



### Regional Fundraising Offices

Provide material, financial and professional support to the country offices.

- 2. Fracarita Belgium, Ghent
- 3. Fracarita Netherlands, Eindhoven
- 4. Fracarita Italy, Rome



### **Country Offices**

Monitor the project implementation locally and are responsible for local fundraising and income generating activities.

#### Latin America

5. Fracarita Latin America, Lima (PER) (Peru + Nicaragua + Brazil)

#### Afri

- 6. Fracarita Ivory Coast, Yamoussoukro
- 7. Fracarita Central African Republic, Bangui
- 8. Fracarita DR Congo, Kinshasa
- 9. Fracarita Burundi, Bujumbura
- 10. Fracarita Rwanda, Kigali
- 11. Fracarita Tanzania, Dar es Salaam
- 12. Fracarita Ethiopia & Kenya, Nairobi (KEN)
- 13. Fracarita Southern Africa & Zambia, Lusaka (ZMB)

#### Asia

- 14. Fracarita Pakistan, Lahore
- 15. Fracarita India, Ranchi
- 16. Fracarita Sri Lanka, Ja Ela
- 17. Fracarita China, Taiyuan City18. Fracarita Vietnam, Ho Chi Minh
- 19. Fracarita Philippines, Tabaco
- 20. Fracarita Indonesia, Yogyakarta

#### Europe

21. Fracarita Romania, Timișoara



### International Advocacy

Representation in international bodies.

- 22. ECOSOC, New York, USA
- 23. International Catholic Centre of Geneva, Switzerland

# Three areas, one objective: human dignity

Fracarita International supports services in 20 countries in Latin America, Africa, Asia and Europe (Romania) in three very specific areas: mental health care, education & formation and care for people with a disability. All 116 services work for different beneficiaries, in different socio-cultural settings and face different problems. But they do share one and the same objective: to restore the human dignity of the most vulnerable people.

On the following pages you will find an overview with data for each country where Fracarita International supported services in 2019 in different ways: financially, by supporting their capacity building efforts, by representing them at international fora, by encouraging them to continue the great work of bringing about a change in the lives of so many wonderful people.



### CARE FOR PERSONS WITH A DISABILITY

According to the World Health Organization, about 15 per cent of the world's population, or more than one billion people, live with some form of disability. The vast majority of these people (80%) live in developing countries. The linkage between poverty and disability seems very strong and goes in both directions. Those who live in poverty are more likely to acquire a disability through malnutrition, poor health care and dangerous living conditions. The World Bank estimates that 20 per cent of the world's poorest people have some kind of disability.



▲ CEPETRI. Lima. Peru

Those who already have a disability are more likely to become impoverished because they can hardly participate in the economic and social life of their communities and are forced into a situation of dependency. In most developing countries, services and accommodations for people with disabilities are not available. The UN cited a figure of more than 350 million people with disabilities, living in areas where essential services needed to help them in overcoming their limitations are not available. As a result, people with a disability must depend on their families, but these families are mostly too poor to give them the support they need.

Living with a disability in the South is a daily struggle to survive. Often, children with disabilities are locked up, excluded or rejected, and are seen as a burden. With the help of local partners, Fracarita International supports special or inclusive education and day care for children with mental, physical or sensory disabilities. Medical care or training for people with disabilities is also supported. In addition to specific care for the disabled, welfare projects for vulnerable groups, such as prisoners and street children, are also supported.

In 2019, Fracarita International assisted hundreds of children, youngsters and adults with disabilities to gain greater independence by providing rehabilitation programmes and special education in 25 facilities. With a focus on their abilities instead of disabilities, they could improve their quality of life.

### **MENTAL HEALTH CARE**

People all over the world suffer from mental or neurological disorders and addiction problems. Public investment in diagnosis and treatment, especially in the South, is still far from proportional to the problem. However, the consequences for the individuals themselves, their families and society should not be underestimated.

The lack of access to care, combined with the widespread stigma, means that people with mental illness, epilepsy or addiction are often neglected and live in inhumane conditions. Fracarita International supports initiatives for mental health care by focusing on training and breaking the taboo and stigma. The provision of medication and the development of infrastructure are also supported.



▲ Psychiatric Centre Renceng Mose Ruteng, Indonesia

Fracarita International manages to restore the human dignity of thousands of men, women and children by providing mental health care in 35 psychiatric facilities in Africa, Asia and Latin America.



### **EDUCATION**

Facts and figures (source: United Nations):

- Enrolment in primary education in developing countries has reached
   91 per cent but 57 million primary age children remain out of school.
- More than half of children that have not enrolled in school live in sub-Saharan Africa.
- An estimated 50 per cent of out-of-school children of primary school age live in conflict-affected areas.
- 617 million youth worldwide lack basic mathematics and literacy skills.



▲ Nursery school in Ndera, Rwanda

Despite positive evolutions in key education statistics, there are still regions where children do not, or only to a limited extent, attend school. School-age children tend to be healthier, more self-confident and more likely to earn a decent income later on. Education also protects them from child labour and exclusion.

Adults who learn certain skills take an active role in their family and community and can break the vicious cycle of poverty. In addition, education and training result in more democracy and equality. Fracarita International supports various initiatives of training and education in Africa, Asia and Latin America to give children and adults the power of knowledge.

By giving quality education to more than 15,000 vulnerable children and adolescents in 50 schools in Africa, Asia and Latin America, Fracarita International contributes to make education a dream-come-true for all.



### Burundi

### Central African Republic

### Providing mental health care in one of the world's poorest countries, plagued by ethnic conflicts in the past.

Since:	1979
Coordination	Bro. Emile Nibigira
Brothers:	10
Co-workers/volunteers	228

SERVIC	ES IN	N BURUNDI:	PLACE
<b>(*)</b>	2.	Centre de Soins Mentaux St. Camille Centre Neuro-Psychiatrique Kamenge Centre Neuropsychiatrique de Ngozi	Gitega Bujumbura Ngozi



### **IMPACT**

### Adolphe: a Burundian man with mental illness regaining his human dignity











Adolphe is a Burundian man of 50 years old, from Ntaho, Ngozi. He has been mentally ill for over 25 years and was abandoned by his family and society. Adolphe had to live for many years in a hut under banana trees. To eat, he collected everything he found during his wanderings.

In July 2018, Adolphe was brought to the Neuropsychiatric Centre of the Brothers of Charity in Ngozi. After a medical examination, Adolphe was admitted to the hospital and received adapted medication for his mental illness. The nurses washed him, cut his hair, and gave him fresh clothes. From that moment on, he began to regain his

The months passed and Adolphe recovered slowly but surely. After five months Adolphe was allowed to go away for a weekend to prepare for social reintegration with the community. His family members were present to

After seven months, Adolphe became more independent and could cook for himself. Meanwhile, he was building his own house together with his family. The multidisciplinary team of CNP Ngozi is planning a permanent release of Adolphe, immediately after the construction of his house. Of course he will still receive follow-up by the centre.

Patients as Adolphe are numerous in the region. The intervention of the Brothers of Charity and many other organizations is necessary to help them regain their human dignity.

Restoring the dignity of traumatised children and adults by offering professional treatment and guidance in this "forgotten country", still facing a large scale humanitarian crisis.

Since:	2011
Coordination	Bro. Séraphin Tshijika Mbumba
Brothers:	5
Co-workers/volunteers	23

SERVIC	ES IN THE CENTRAL AFRICAN REPUBLIC:	PLACE
OTHER	1. Social service at Bangui prison	Bangui/Bimbo
(%)	Centre d'Écoute Psychosocial et Soins de Santé Mentale (CEPSSM)	Bangui

= location with services of Fracarita CAR

#### **REMARKABLE IN 2019:**

### Psychosocial care and counselling for prisoners

Since the agreement of 16 September 2011 between the Congregation of the Brothers of Charity, the national government of CAR and the archdiocese of Bangui, a provision was built with modest means to offer psychosocial help, encouragement and support to the more than 700 prisoners, who lived in inhumane living conditions.

In the prison of Ngaragba, this daily presence of the Brothers has been extended with a small pharmacy (with periodic delivery of medication) and a small nursing post. Since 2015-2016, a specific form of psychotherapy (individual and in group), literacy and education has been used. Since 2017, these activities were also extended to the prison for women in Bimbo (Bangui) and the annex of Camp de Roux.

### Community-based psychosocial care for children with PTSD

With a focus on children and adolescents suffering from a post-traumatic stress syndrome (PTSD) or severe mental disorders, the Brothers of Charity started an extended psycho-social service in 2015 in the same region where the lack of mental health care (as in the whole of CAR) is particularly distressing. Founded on a community-based approach that includes ambulatory psychiatric consultations, outreaching mobile clinics and home visits (even in very remote villages) and, since November 2019, the possibility for short intramural treatments in recently built constructions.

Important pillars in this respect are the strongly developed outpatient work, the intensive training courses for both employees and family members, an active involvement of the family context, intensified sensitization and the psycho-education sessions through various channels in the local communities, schools and parishes. All of this is developed in line with the 'strength-based' principle, in which a conscious and active appeal is made to the respectful reinforcement of the competencies that are already present, both on an individual level and within groups and communities.

In 2019 we welcomed a Brother-medical doctor and a Brotheraccountant who enforced the strength and professionalism of the team.







### DR Congo

### Mental health care, care for people with disabilities and education for a vulnerable but resilient population.

Kinshasa

Nioki

Goma

Kisangani

Kisangani

Kisangani

Since:	1911
Coordination	Bro. Janvier Batumike Murhula & Bro. Paulin Kindambu Kakwala
Brothers:	90
Co-workers/volunteers	869

#### **SERVICES IN DR CONGO:** PLACE 1. Tulizo Letu 2. Jukayi, département Santé Mentale Kananga 3. Centre Neuro-psychiatrique Pierre Lusanga Kikwit Joseph Triest 4. Centre Neuro-psychiatrique Dr. Lubumbashi Joseph Guislain 5. Centre Psychiatrique Shabunda Shabunda 6. Centre Psychiatrique SOSAME 7. Centre Psychiatrique Uvira Uvira 8. Simama, département Santé Mentale Kisangani 9. Nioki Centre Elikya, département Nioki Santé Mentale 10. Pierre Joseph Triest Psychiatric Kikwit 11. Centre de Rééducation et Handicapé Kananga



Physique Jukayi (CRHPJ)

12. Centre de Rééducation pour

14. CHP Shirika la Umoja

27. Ecole Spéciale Monzoto

29. Ecole Professionnele Rafiki 2

28. Ecole Spéciale Rafiki 1

13. Elikya

Handicapés Physiques (CRHP)



= location with services of Fracarita Congo



▲ CRHP Kinshasa – école spéciale, Kinshasa, DR Congo. © Joost Van Heesvelde



▲ Physiotherapy for a child in CRHP, Kinshasa, DR Congo. © Joost Van Heesvelde

### **TESTIMONY**

### The psychiatric care at Sosame saved Léonide's life



"In my opinion, psychiatric care would be an unfinished journey if there was no follow-up at home.
Or if there was no social and community reintegration of the beneficiaries!"

"My name is Léonide. I'm 56 years old and I have three children. I am a former user of the services of the Sosame Psychiatric Centre in Bukavu. I am currently working as a gardener at the same centre. I am a living witness of the benefits of the works of Brother of Charity for my community in general, and for people who have no other form of assistance."

"I discovered the Sosame Psychiatric Centre in a state of illness in 1997. I will never forget the welcoming character and the know-how of the brothers and the nursing staff. The psychiatric care of the centre has saved my life and has given me a new taste for life. Not only for myself, but also for my family and my entire entourage. Since 2006 to the present day, I have been working in the garden regularly."

"Thanks to the follow-up at home beyond my clinical care and my social and community reintegration, I am proud to have regained my place in society. Sosame has given me back my life and allowed me to send my children to school. In addition to my work as a gardener at the centre, I also have an income that helps me to provide for myself and my children."

"In my opinion, psychiatric care would be an unfinished journey if there was no follow-up at home. Or if there was no social and community reintegration of the beneficiaries!"

"Through Sosame, I offer my sincere thanks to the works of the Brothers of Charity. I have no words to express my gratitude."

### **REMARKABLE IN 2019:**

#### 1 Industrial block machine in Bukavu

With the new machine that Fracarita Belgium was able to send in 2019, the technical school ITFM in Bukavu is now able to produce high-quality concrete blocks (concrete clinkers and fast-construction blocks). Suitable for own use in the local projects of the Brothers of Charity, but also for sale by the school. In this way the brothers can generate income for the functioning of the school. A nice sustainable step forward!

In the meantime, orders are coming in and customers are very satisfied with the quality of the blocks. Since there is also a great demand for concrete ventilation grids (which are not produced locally), the Brothers are currently looking into whether the mould for the production of these grids can also be purchased.







### Ethiopia

### **Ivory Coast**

### Pioneers in a country with widespread prejudice against people with mental disabilities.

Since:	2011
Coordination	Bro. Edouard Manda
Brothers:	6
Co-workers/volunteers	133

SERVIC	ES IN ETHIOPIA:	PLACE
	Gefersa Mental Health Rehabilitation     Centre	Addis Abeba
(3)	<ol> <li>Day Care Centre for Children with Intellectual Disability</li> <li>Hidden Treasure Day Centre (HTDC)</li> </ol>	Yirgachaffe Addis Abeba



#### Abeba

### **TESTIMONY**

Bro. Saul and Bro. Edouard on the importance of their mission in Ethiopia





We got to know Bro. Saul and Bro. Edouard during the campaign movie of Fracarita Belgium's South Action campaign "Hidden Treasures" in 2018. Both Brothers of Charity have been active in their project for children with a mental disability in Yirgachaffe, Ethiopia, for more than two years now. Thanks to the support of the South Action, they have expanded their modest day centre with containers and were also able to continue their home visits.

Bro. Saul testifies: "The more home visits we do, the more we become aware of the seriousness and extent of the problems here. The many cases of neglect and abuse of children with intellectual disabilities shock us again and again, but also make us realize how important our mission is. There is still a lot of work to do to raise awareness among the population. But as the Chinese proverb says: "A thousand-mile journey begins with one step..."

"We are, of course, very proud of what we have been able to accomplish in this short time. When you see how these children develop during our activities and are amazed by their own abilities... That gives us the courage to keep going".

"For us, the South Action of 2018 is not only a financial but also a mental support for the work we do on a daily basis in difficult circumstances."

Bro. Saul

### Introducing mental health care in a country where mental disorders are still believed to be the result of evil spirits.

Since:	2003
Coordination	Bro. Félicien Ngendahimana
Brothers:	4
Co-workers/volunteers	35

SERVIC	ES IN IVORY COAST:	PLACE
(%)	Maison de Soins Psychiatriques Saint Vincent de Paul	Yamoussoukro



### **IMPACT**

Marius was found injured on the streets and now grows up in St. Vincent de Paul





Marius, a young boy, was found on a road in Yamoussoukro in November 2013. He was run over by an unidentified car and was brought injured to the centre by the fire brigade. He arrived with wounds on his lips, chin, right cheek and had a swollen face. Marius was also diagnosed with epilepsy. He could not speak the local language and did not know his age.

After receiving medical care and the right medication, the centre's social service tried to find out where Marius came from. They started an in-depth search in the hope of finding his parents or other family members. Countless attempts were made in recent years, but unfortunately Marius was not recognized by anyone in the neighbouring villages.

As a result, Marius' only option was to stay in the centre of the Brothers of Charity. The team has always watched over him and looked after him. His epileptic seizures have become rare. He smiles a lot and participates in rehabilitation and occupational therapy activities. He learned to speak French and Baoulé (a local language). He likes to take care of the chicken and makes friends in the centre. Step by step, he regains his human dignity...

He now smiles a lot and participates in rehabilitation and occupational therapy activities. He learned to speak French and Baoulé (local language).

### Kenya

### Pioneering a small-scale health care initiative in the East African country of Kenya.

Since:	2016
Coordination	Bro. Patrick Maloba
Brothers:	4
Co-workers/volunteers	14

SERVIC	CES IN ETHIOPIA:	PLACE
(-0)	St. Lazarus Buyangu Mission Health Centre	Kakamega

# Rakamaga Kakamaga Kanamaga Kan

= location with services of Fracarita Kenya

### **REMARKABLE IN 2019:**

### **1** St. Lazarus Buyangu Mission Health Centre: state of affairs

The centre has been able to realize a remarkable number of things in 2019. First of all, an automatic generator was purchased. It helps to run the centre with less power interruptions. It provides an emergency backup power system to the whole facility. Furthermore, the centre underwent some small renovations. The nurses' quarter and the labour ward was painted, the ambulance was repaired, ...

Second milestone is the registration and licensing of the centre's laboratory by the Kenya Medical Laboratory Technicians and Technologists Board. This makes the laboratory stand out as one of its kind in the area of Kakamega. Two government clinics refer their clients to the centre of the Brothers of Charity for lab tests.

A third big step for the centre is that it has been accredited by the National Health Insurance Fund (NHIF). This means that the centre can receive NHIF card holders, so the services will be free of charge for the clients. The government will refund the centre later.

The St. Lazarus Buyangu Mission Health Centre received 1928 clients in 2019. Almost 40% of those clients were girls younger than 18 years old. The centre is looking forward to renovate an existing building into a psychiatric wing.











### Rwanda

### Providing mental health care, education and care for persons with a disability in a country trying to come to terms with its past.

Since:	1929
Coordination	Bro. Charles Nkubili
Brothers:	35
Co-workers/volunteers	632

SERVIC	ES IN RWANDA:	PLACE
<b>(3)</b>	<ol> <li>Centre Psychothérapeutique lcyizere</li> <li>Centre Psychiatrique Caraes Butare</li> <li>Hôpital Neuropsychiatrique Caraes Ndera</li> </ol>	Kicukiro Huye Gasabo
<u>(</u>	<ol> <li>Centre de Jour Humura</li> <li>Home de la Vierge des Pauvres (HVP)         Gatagara/Gikondo</li> <li>HVP Gatagara/Nyanza</li> <li>RBC Ruhango</li> </ol>	Gasabo Kicukiro Nyanza Ruhango
8	<ol> <li>Groupe Scolaire HVP Gatagara</li> <li>HVP Gatagara TVET School</li> <li>School for the blind and visual impaired</li> <li>School for Mentally Challenged Children/Gikondo</li> <li>Groupe Scolaire Gatagara</li> <li>Ecole Maternelle la Charité Maman Andrea</li> </ol>	Nyanza Nyanza Rwamagana Kicukiro Huye Gasabo





▲ School for Mentally Challenged children, Gikondo, Kicukiro, Rwanda. © Joost Van Heesvelde

### **REMARKABLE IN 2019:**

### • Improved care for patients thanks to renovations in psychiatric centre Caraes Butare

Psychiatric centre Caraes Butare now has a renovated men's wing, kitchen and laundry. A few years ago, the women's wing could already be transformed into a fresh, open and green infrastructure. In 2019 it was the men's wing's turn. It now offers sufficient space to accommodate the acute patients and the more stabilized patients in separate departments.

This division promotes the quality of psychiatric care. The extra comfort is more than welcome for the patients. The Friends Committee of the Brothers of Charity even collected adequate funds to renovate the kitchen.



### **REMARKABLE IN 2019:**

#### 2 Toilets, showers and water tank for day centre in Ndera

Day centre Humura is a centre for children with a mental disability in Ndera. The centre is growing and flourishing! For this reason, and also at the request of the inspection, extra sanitary facilities were urgently needed. Thanks to a number of donors, it was possible to repair the water tank and provide an extra sanitary block with taps, showers and toilets in 2019. A "clean" and necessary project!





### **IMPACT**

### Claude: Visually impaired boy goes back to school again

Meet Claude, the boy from the campaign movie of Rwamagana, Rwanda. In the meantime, Claude can Fracarita Belgium's South action "Unseen Talent". Claude was so visually impaired that he was taken out of school. Thanks to the South Action, he was able to start in the school year 2019 in the school for the blind and visual impaired of the Brothers of Charity in

already get along quite well with the Braille script. Not an easy task, but crucial for his studies and future! He also learns "stick walking" and all kinds of other techniques to increase his mobility and independence. A new start for Claude!





### South Africa & Zambia

### Mental health care, care for people with a disability and education with a special focus on the most vulnerable people.

Since:	1929
Coordination	Bro. Jean Mbeshi Mundende
Brothers:	12
Co-workers/volunteers	127

SERVIC	ES IN SOUTH AFRICA:	PLACE
	1. Thandanani Centre	Johannesburg
8	2. Triest Training Centre	Klerksdorp
	<ol> <li>Pax Hostel</li> <li>Pax College</li> <li>Pax Skills Development Centre</li> <li>Paxana</li> </ol>	Polokwane Polokwane Polokwane Polokwane

SERVIC	CE IN ZAMBIA:	PLACE
	1. Flamboyant Special School	Mazabuka

### **REMARKABLE IN 2019:**

### • Brothers of Charity support school for children with disabilities in Zambia

In Mazabuka, Zambia, a new community for the Brothers of Charity was opened in 2019. The brothers of this community are responsible for the management and support of a day centre with a school for children with disabilities, called "Flamboyant Special School". This school provides education to children with intellectual and physical disabilities, and children with a hearing impairment.

### **2** New multipurpose activity centre opened at Thandanani Centre in honour of the late Bro. Antoine Colpaert

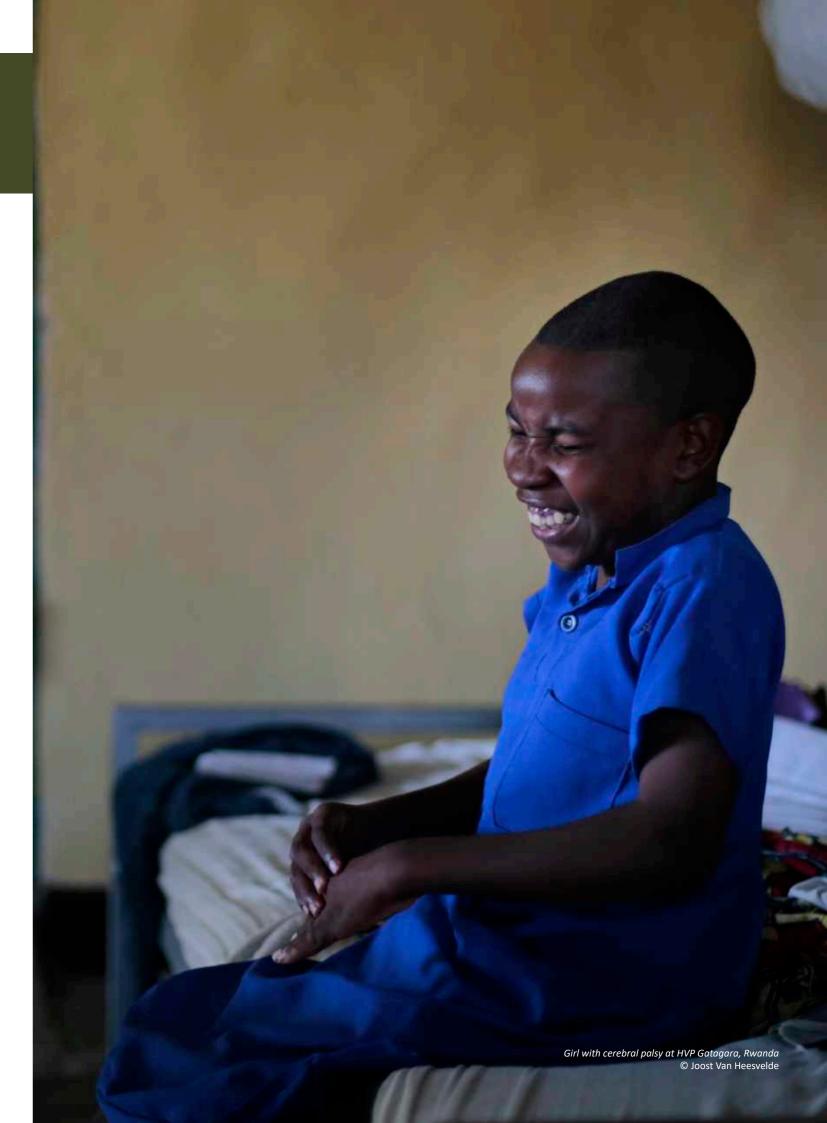
Thandanani Centre in Johannesburg opened a new multipurpose activity centre in April 2019. Bro. Jean Mbeshi, the Regional Superior of Brothers of Charity in Southern Africa, dedicated the new centre to the memory of Belgian Brother Antoine Colpaert (picture in black and white). Bro. Antoine died in a tragic car accident, together with Bro. Constantino Kaunda, on 19 January 2018. Bro. Antoine had given his life in service of others as a missionary Brother of Charity. He worked mostly in Africa, caring for the well-being of others. As a trained psychiatric nurse, he spent many years in Rwanda and Burundi caring for the mentally ill. In his later years, Bro. Antoine worked in South Africa as Regional Bursar for the Brothers of Charity and also part time at the Thandanani Centre.











### Tanzania

### Dynamic projects in one of the poorest regions of the country, home to generations of refugees from neighbouring states.

Since:	1994
Coordination	Bro. Chrisantus Chrisostom Rwehikiza
Brothers:	100
Co-workers/volunteers	200

SERVIC	ES IN TANZANIA:	PLACE
<b>(3)</b>	<ol> <li>Saint Cornelius Mental Health Centre</li> <li>Marumba Rehabilitation Health Centre</li> </ol>	Kasaka Kasulu
<u>&amp;</u>	<ol> <li>Rumonge Deaf Cooperative</li> <li>Sheltered Home Bangwe</li> <li>Mount Tabor Day Care Centre</li> <li>Triest Day Care Centre</li> </ol>	Kigoma Kigoma Tabora Shinyanga
<b>2</b>	<ol> <li>Maendeleo Youth Centre</li> <li>Ahadi Institute of Kigoma</li> <li>Chemchem Educational Resource Centre</li> <li>Kigoma Training Centre (KTC)</li> </ol>	Kigoma Kigoma Kigoma Kigoma
OTHER	11. Aqua Lodge Hotel (Income Generating Activity)	Kigoma



= location with services of



▲ Scout group of the Maendeleo Youth Centre. Kiaoma, Tanzania

### **TESTIMONY**

### Imaini is deaf and lives an independent life thanks to Rumonge Deaf Cooperative

"My name is Imaini. I'm a deaf person in the group of Rumonge Deaf Cooperative. I am teaching sign language to my colleagues. I got much inspiration from this cooperative knowing that we, people with a hearing impairment, are often discriminated and considered as unproductive in the society because of our problems. But we are happy to say that we are not as dependent as many would think."

"For example, I am married and we have two kids. I am able to take care of my family from what I earn in the cooperative. Many of my fellow deaf friends are also living their own life. We don't go on the street to beg for money, as it was in the past. With a grateful heart, we thank the Brothers of Charity for initiating this project, which aims at helping the deaf in Kigoma."



### **TESTIMONY**

### Christina continues her studies thanks to scholarship of Maendeleo Youth Centre

"As a girl, the challenges are sometimes bigger in this world. But I'm not scared. I know what I want, and I'm going for it! I grew up at home in a family of eight. My dad's a bricklayer, but we didn't have it wide. He worked hard to send us to school. I was even allowed to go to secondary school. Not easy, because for 2 Tanzanian children out of 3, school ends after primary education."

### "I always dreamed of becoming an accountant. Today I'm studying with a scholarship at the Tanzania Institute of Accountancy. Maendeleo put me on the right track! I hope to graduate next year and go to work. I am very grateful to Maendeleo and the Brothers of Charity!

### "Maendeleo Youth Centre put me on the right track"

"I absolutely wanted to continue my studies after that. That's why I went to the Maendeleo Youth Centre during the last years of secondary school. There I received guidance in the homework class for English, which is the language of higher education here. I had to learn that language thoroughly, but I really couldn't afford private lessons. Maendeleo gave me the chance to learn English for free. They call me a "silent gogetter"... And for English, I already succeeded!"



### **TESTIMONY**

#### Belgian Brother of Charity supports psychiatric centre in Marumba, Tanzania

to go to Tanzania with him was no coincidence for counts". me. Maybe I wanted to go to the South all my life."

For Marc Beetens, becoming a brother was a late on an immersion trip to the Maendeleo Youth Centre vocation, but from then on all the pieces of the in Kigoma. "To young people who want to dedicate puzzle fell together. Since 2007 he lives and works in themselves to the South, I say: listen to your heart Tanzania. "After my first vows as a brother, I worked and do it with full dedication. No matter how big or for one year at Huize Triest in Ghent, Belgium. Until small your commitment may be. And stay realistic. It I met brother Stan there. The fact that he asked me is not feasible to help the whole world, but every drop

### "To young people who want to commit themselves to the South, I say: listen to your heart and do it with full dedication."

Marumba Rehabilitation Health Centre is a small psychiatric centre in the hills around Kasulu in Tanzania. Brother Marc: "In our centre we receive people with all kinds of psychiatric disorders: psychoses, schizophrenia, mood disorders, etc. We first try to stabilize these people and then work on their rehabilitation. In addition, a lot of people with epilepsy also come across. We give them the right medication to suppress their seizures. I am responsible for the logistics and maintenance in our centre."

Every year, the centre receives Flemish pupils from the 5th and 6th year of secondary education who go





### India

### Small-scale initiatives in mental health care and education for vulnerable people in India.

Since:	1992
Coordination	Dr. John Tharakan
Brothers:	33
Co-workers/volunteers	27

SERVIC	ES IN INDIA:	PLACE
(%)	<ol> <li>Jeeva Vihar Psycho-Social Rehabilitation Centre</li> <li>Param Mitra Sadan</li> <li>Saint Giuseppe Moscati Psycho-Social Rehabilitation Centre</li> </ol>	Calicut Ranchi Sivagangai
	4. Saint Peter's School	Ranchi





### **IMPACT**

### Vikash regains hope after his psychiatric confinement in Param Mitra Sadan

Vikash is a 21 years old man and was born in Odisha, an Indian eastern state. In his childhood, Vikash was diagnosed with cerebral malaria, a severe disease syndrome. He also has a bipolar disorder. When Vikash was young, he was not treated correctly, because his family didn't have enough money to buy medication. Later, he was neglected by his family, as they did not understand his behaviour.

In 2016, Vikash was brought by his family members to Param Mitra Sadan, the psychiatric centre of the Brothers of Charity in Ranchi. It was very difficult to communicate with Vikash, because he came from another area and only knew his local language. He wanted to run away as he did not know the place. But step by step, with the guidance and support of the director and the whole staff of Param Mitra Sadan, Vikash felt more comfortable.

Vikash now receives appropriate care and medication by the medical team. He learned to communicate in Hindi, the national language, and some English. He likes to talk with everyone! He even learned to lead the prayers and songs in Hindi. Vikash admires the love and care of the brothers and staff. Because of their support and guidance, he learns to stand on his own feet.



### **REMARKABLE IN 2019:**

#### • Extra equipment for Saint Peter's School in Simalia

With the funds of Fracarita Belgium's South Action 2009, a primary school could be built in the Indian rural village of Simalia. This "Saint Peter's School" brought an end to the harrowing child labour in the local stone quarry.

In 2016, we went one step further by stopping generational poverty in the poor village through secondary education. Because without secondary education, teenagers in Simalia will never have access to fair paid work. They remain stuck in the vicious circle of poverty, despite their talent and high motivation. Thanks to the South Action of 2016, the Brothers of Charity were able to build classrooms for secondary education on top of the existing primary school.

Thanks to several donors, extra equipment for the school was purchased in 2019. A sewing atelier, computers, screens, didactic teaching materials, school furniture, many sports materials, etc. These items all contribute to one goal: providing high-quality education to the students in Simalia, so they can have a stable job and become independent grown-ups.





### Indonesia

### Providing mental health care and ensuring quality education on the islands of Java and Flores.

Since:	1929
Coordination	Bro. Polikarpus Manao
Brothers:	36
Co-workers/volunteers	319

SERVIC	ES IN INDONESIA:	PLACE
<b>(7)</b>	<ol> <li>Kunci</li> <li>Renceng Mose</li> <li>Sahabat Kita</li> </ol>	Yogyakarta Ruteng Purworejo
(3)	<ol> <li>Don Bosco Institute of the Deaf</li> <li>SLB-C Karya Bhakti centre (School for students with a learning disability)</li> </ol>	Wonosobo Purworejo
8	<ol> <li>Junior Boarding School</li> <li>Senior Boarding School</li> <li>SMP Bruderan Yunior School</li> <li>SMA Bruderan Senior School</li> <li>TK Karitas Kindergarten School</li> <li>SD Karitas Elementary School</li> <li>SD Bruderan Elementary School</li> <li>SMP Bruderan Junior School</li> <li>SMA Bruderan Senior School</li> <li>TK Karitas Kindergarten School</li> <li>SD Karitas Elementary School</li> <li>SD Karitas Elementary School</li> <li>SD Karitas Junior School</li> </ol>	Purworejo Purworejo Purworejo Purwokerto Purwokerto Purwokerto Purwokerto Purwokerto Purwokerto Yogyakarta Yogyakarta



▼ SMA Bruderan Senior School, Purwokerto, Indonesia



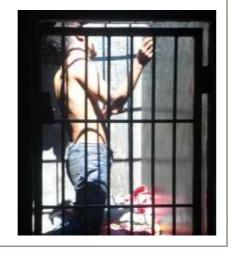
### **IMPACT**

#### Arnoldus: from a chained existence to a liberated life

Mental health care in many places in the world: often it is still about breaking taboos and freeing people from miserable circumstances. On the Indonesian island of Flores, the need for specialized psychiatric care was very high. People with a psychiatric disorder were completely neglected and often lived in complete isolation. The Brothers of Charity opened a beautiful initiative there: Receng Mose Psychiatric Centre & Clinic.



On the photo on the right, you see Arnoldus before his admission: locked in a cell, in an annex of his parents' house... One year later you see him back home (picture on the left), after an admission in Renceng Mose, where he received the necessary care and guidance according to his needs! That makes a world of difference. These initiatives are - literally - of vital importance.



### **TESTIMONY**

### Hermien (Fracarita Netherlands) on her special encounter in Kunci

In our previous annual report, Hermien wrote about the journey she made together with Bro. Walter visiting the projects in Indonesia. Now, one year later, she looks back on a special encounter she had there, which ended in a beautiful way.

"It seems like such a long time ago while it's 'only' been a year: the beautiful journey that Bro. Walter and I were allowed to make together to Indonesia in the spring of 2018. A journey during which we were able to see a lot of projects and meet a lot of people. One encounter really stands out for me. That was when we met Theodorus at Kunci. He's the boy with the red T-shirt in the picture right."

"Kunci is a shelter and treatment centre for boys with an addiction in Yogyakarta. The house is situated next to the community of the Brothers of Charity. We stayed at that community. In the spare hours, I enjoyed visiting Kunci, to have a chat with one of the boys, to sit in the garden, or to listen to Theodorus and his roommate playing the guitar."

"Theodorus told me about his addiction and that his life was completely derailed by it. He was enormously grateful that the brothers had given him a chance to get his life back on track. In the daily therapy sessions at Kunci, Theo gained insight into the origin of his addiction: Theo always felt inferior to his friends. He was jealous of what they had achieved. In order to have the same, he started stealing."

"The vulnerability with which Theo shared his story with me touched me so much that from that moment on I kept praying for him on a daily basis. That creates a bond, across all those thousands of kilometres. It is also reminiscent of the communal prayer in Yogyakarta: during Mass in the brothers' chapel or during the Rosary prayer on Friday evening by the Marian grotto. Special moments with special young people!"

"After the journey, we kept in touch through Facebook. Theo left Kunci in August 2018 but continued to struggle with negative feelings about himself. Because of this, he had a major relapse, of which he is very ashamed."

Theo: "Still, I look back on my stay at Kunci in a positive way. It's good to know that you're not the only one struggling in life. I now try to surround myself with people who set a good example for me. Some days are better than others. I find it hard to believe in myself. That's why it's so nice to have someone in the Netherlands who prays for me and believes in me."

Hermien: "Theo still has a long way to go when it comes to self-confidence. At times when he loses hope, I keep hope alive for him. The days when he can't pray, I pray for him."

Kunci, the Indonesian word for key.
The key to the future, doors that open,
and perspectives that emerge:
for Theo and for many other young people since January
2015.

Selamat Tinggal, Indonesia. Goodbye, Indonesia.





"I now try to surround myself with people who set a good example for me" Theodore





### Pakistan

### Philippines

### Mental health care and education for all, in an environment of religious tensions and social injustice.

Since:	1990
Coordination	Mr. Ashraf Rahmat
Brothers:	7
Co-workers/volunteers	60

SERVIC	PLACE	
<b>8</b>	<ol> <li>Holy Rosary Boys Hostel</li> <li>Canon Triest Middle School for Boys</li> <li>Canon Triest Middle School for Girls</li> <li>Canon Triest Primary School</li> </ol>	Gujrat Lahore Lahore Eisa Nagar



### **TESTIMONY**

Fracarita Pakistan's coordinator about the importance of good education

The Brothers of Charity have been present and active in the city of Lahore since 1990. The immense poverty and the general lack of literacy motivated them to undertake educational work. Mr. Ashraf Rahmat is coordinator of Fracarita Pakistan, where the Brothers of Charity provide education for boys and girls.

"Since I have been coordinator of the services in Pakistan, it's a privilege to work here. It has been a tremendous journey throughout these years. I am very proud to witness many positive lives changing through the services."

"The majority of the students who are enrolled in our schools, belong to very poor families like labours, road cleaners and brick kiln workers. Most families have a bonded labour contract, which means that they are obliged to provide labour services to repay loans to their employer for basic necessities, medical expenses, weddings and funerals. It's a modern form of slavery. Most brick kiln workers can't read nor write, and don't know what's written in their contract. By providing education to the children of the brick kiln workers, the Brothers of Charity help them to improve the position of their families and offer them new perspectives beyond the brick kilns."

"All our schools provide the children a wide range of opportunities to shape a better future and aspire to provide top quality education to them. With a well-balanced and relevant curriculum, we educate our students to maximize their innate potential along with positive social behavior."





### Reducing the stigma associated with mental illness and disability by offering sensitization and professional care.

Since:	1981
Coordination	Bro. Joel Ponsaran
Brothers:	9
Co-workers/volunteers	29

SERVIC	ES IN THE PHILIPPINES:	PLACE
<b>(3)</b>	<ol> <li>Holy Face Rehabilitation Centre for Mental Health</li> <li>Saint Dymphna Mental Health</li> </ol>	Tabaco Gingoog
	Rehabilitation Centre	NA 11
6	3. Orthopedagogical Institute	Manila



### **IMPACT**

### Lino has an unique experience with mentally ill people

Lino B. P. is 57 years old, widow, known as "Kuya Bob" by his fellow constituents of Camalig, Abay. He has three children all having their own families. He is driver at the Local Government Unit of Camalig (in short: LGU-Camalig).

In 2008, the Municipal Social Welfare Department of the LGU-Camalig gave to Kuya Bob the task of bringing mentally ill people to the Holy Face Rehabilitation Centre for Mental Health in Tabiguian, Tabaco City for a possible psychiatric treatment. This was the start of a partnership cooperation between the two organizations.

At the beginning, Kuya Bob was very reluctant to do his new task. He only did it to have his salary at the end of the month. Some months later, when he found out that some patients he had brought to the Holy Face Centre for consultation, had recovered from their mental illness, he felt some sort of happiness. He stated: "It's an unexplainable feeling of happiness and joy to see distressed people regaining their smile on their faces and to witness them having a meaningful life in their community". He recalled the time he was bringing only five patients accompanied by their family members to consultation on every working day. He now brings an average of ten patients without their family members to the Holy Face Centre on Thursdays. He no longer sees his job as a money earning means, but above all as a useful service to the community.

For the time being, there are 152 mentally ill patients in Camalig who regularly come to the Holy Face for consultation. The cooperation between LGU-Camalig and the Holy Face Centre has meanwhile evolved into a programme in which each partner has a specific role. The Holy Face Centre's input is to offer a technical assistance and expertise in mental health whereas the LGU-Camalig is responsible for the implementation of a community mental health program in the area. In this way, an inclusive community that cares for people with psychosocial disorders and to which Kuya Bob happily contributes with his valuable service is being developed in Camalig.

"It's an unexplainable feeling of happiness and joy to see distressed people regaining their smile on their faces and to witness them having a meaningful life in their community"

Lino (Kuya Bob)

### Sri Lanka

### Vietnam

### Reducing the widespread stigma associated with mental illness and mental disability by offering professional care.

Since:	1988
Coordination	Bro. Christy Anthony
Brothers:	13
Co-workers/volunteers	63

SERVICES	PLACE	
	Saint Benedict Menni Mental Health     Rehabilitation Centre	Kalmunai
5	<ol> <li>Nisansala Special Training Centre</li> <li>Nisansala Special Training Centre</li> <li>Saint Joseph Special Education Centre</li> <li>'Theeraniyam' Centre for Children with Autism Spectrum Disorder</li> </ol>	Ja-Ela Negombo Batticaloa Batticaloa
MP-498	6. St. Joseph's Technical Institute 7. Pre-school	Trincomalee Kalmunai



### **IMPACT**

### Home visits to provide assistance and guidance to patients and their family

Brothers and staff members of the Saint Benedict Menni Mental Health Rehabilitation Centre in Kalmunai visit the homes of their (former) residents. Bro. Christy: "This aims to strengthen the relationship between the rehabilitation and the resident's family. We can also directly see the condition or situation of the patient's family and intervene if necessary. All information that we hear and see can directly help us in providing assistance to each patient. The whole family feels happy and strengthened when we visit them. They are very supportive and hope that visits can continue."

"In service work, we don't just try to serve as many poor, weak and excluded people as possible. We are also required to seek out and invite as many people as possible to serve our fellow poor. We try to expand our network as much and as wide as possible, so that our services become wider and more people get involved."

"Our centre is always open and accepts all forms of assistance. We see so many people who want to help. Several times, we receive donations in the form food packages or daily necessities. We hope in the future that our contributors can help again, invite others to help, or just visit our rehabilitation centre again. In that way we follow our main goal: take care of people in need."





### Pioneer work of mental health care and education for children with autism in southern Vietnam.

Since:	2003
Coordination	Bro. Dominic Maria Tam
Brothers:	14
Co-workers/volunteers	3

SERVIC	ES IN VIETNAM:	PLACE
(*)	Psychiatric Rehabilitation Centre of Hope	Bảo Lộc
(3)	Day Care Centre for Children with     Autism	Hồ Chí Minh



### **REMARKABLE IN 2019:**

#### Psychiatric Rehabilitation Centre of Hope grows

Psychiatric Rehabilitation Centre of Hope in Bảo Lộc welcomed its first residents in October 2018. After one year of operation, the centre provides adequate care, guidance and medication. In the beginning, there were only 9 residents allowed to the centre. Due to the increasing demand for professional psychological help in Vietnam, and by the permission of the local government, the centre now receives 14 residents. The brothers are doing their utmost to give the residents a good chance to build up their life again. They also sensitize and inform their families to reduce the stigma. Residents can work in the greenhouse, a form of occupational therapy. These are the first steps in a long journey to help and restore the human dignity of these vulnerable people.

#### 2 Guidance for children with autism in Hồ Chí Minh

The Day Care Centre for Children with Autism, which is located in Hồ Chí Minh, is run by two brothers and some volunteers. During four active years, the centre has already supported dozens of children with autism through a comprehensive programme. The brothers provide one-to-one tutoring, where children do different exercises. They are able to learn a sport and they get to know their talents and how to develop them. They follow these lessons very intensively, sometimes in the presence of their parents. The centre receives a lot of credit for its way of working!









### Romania

### Small-scale initiatives for abandoned, underprivileged children and residential care for ill elderly people.

Since:	1994
Coordination:	Roel Geboers
Brothers:	1
Co-workers/volunteers:	64

SERVIC	ES IN ROMANIA:	PLACE
OTHER	Effata Educational Centre (Guidance Centre for Underprivileged Children)	Timișoara
	<ol> <li>Youth Work</li> <li>Residential Care Centre for Ill Elderly</li> </ol>	Butea Butea
	People 4. Social Service for Disadvantaged Groups	Prăjeşti -Bogdăneşti

# HUNDARY Claj-Napoca Claj-Napoca Claj-Napoca Claj-Napoca Claj-Napoca Claj-Napoca Claj-Napoca Claj-Napoca Constanta Constant

### **REMARKABLE IN 2019:**

### • Support for the projects of the Missionare Dello Passione Sisters in Butea

At the beginning of March 2019, the Belgian "Humanitarian Aid Group Hasselt" delivered a second shipment of goods to the sisters in Butea. These goods - consisting of a large number of fairly new bedside tables, clothing and a pallet of 10,000 gloves for care and household use - were intended for the Johannes-Paulus II Residential Care Centre run by the sisters. This residential care centre is currently home to about 45 sick and immobile elderly people from the region. Besides that, one sister takes care of a few elderly people at home every day.

The residential care centre is comfortably furnished according to Romanian standards, but in its operation it mainly focuses on basic care. There is also a physiotherapy room. For some time now, representatives of the Hasselt volunteer group were looking for a nursing school in Flanders that was willing to send final-year students to Butea. These students could do an internship there and also work on a (multi-year) project to improve the quality of care and life in the residential care centre. At the end of August 2019, the Health and Care expertise network of the Artevelde University College in Ghent was prepared to join this project.

The intention was that from the 2020-2021 academic year onwards, Flemish final-year nursing students would move to Butea for six weeks. But due to Covid-19, the sending out of students has been postponed for one academic year. The students will each do a 4 week internship in various care facilities in the area - an emergency department, a home care service and a rehabilitation centre - and will also work for a further 2 weeks on the planned project in the residential care centre, aimed at improving care and care processes and quality of life.









### 2 Support for the social initiatives of Emilian Antal for his parish Prăjești-Bogdănești

At the proposal of a member of the Belgian "Tessenderlo group of Romania", it was decided in early 2019 to support Emilian Antal's social initiatives. Emilian (see picture on the left) is Franciscan and leading priest of the Prăjeşti-Bogdăneşti parish, two villages located about 30 km from the town of Bacau in central-eastern Romania. There are many social needs in the parish of Emilian:

- a great lack of employment so that many young people move to the town to find work there,
- many single elderly people who have to try to survive in difficult circumstances with barely € 100 per month,
- a large group of very poorly housed families with a lack of running water and numerous psychosocial problems.

It was agreed to organise a number of activities in 2019-2020 to achieve the following:

- the collection of soap, shampoo, toothpaste, bath linen etc. to give the poor families of Prăjeşti-Bogdăneşti the opportunity to take a shower several times a month in the sports accommodation in Prăjesti.
- the search for a second-hand minibus, still in good condition, which will enable the transport of poor families and the elderly with reduced mobility. This minibus can also be used for holiday camps with the scouting group and sometimes to transport pupils from the local primary school.

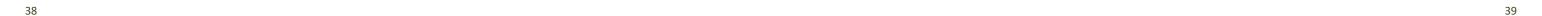
#### **3** The Effata Educational Centre in Timisoara: state of affairs

In 2019, the operation of the Effata Educational Centre was financially supported by United Way Romania, the volunteer association "Mariakerke (Ghent) helps Romania" and the city council of Timişoara. This centre provides after-school care and guidance - but also during school holidays - to 20 to 25 children from socio-economically disadvantaged families in Timişoara.

United Way is a social organisation working in more than 40 countries. More specifically, United Way Romania raises funds from companies in Romania and supports social projects for vulnerable children in the neighbourhood of these companies. Effata receives approximately € 10,000 annually from this organisation.

The Belgian volunteer group "Mariakerke helps Romania" supported Effata for the 19<sup>th</sup> time in the past year. A total of € 17,500 was transferred. In 2019, the Timişoara city council awarded Effata a second grant for an amount of approximately € 26,000. A grant for 2020 was also approved. We hope that the allocation of subsidies from this Romanian local government may become structural, so that Effata can increase its financial security and make this initiative less dependent on the possibilities of private sponsors.

At the end of June 2019, a grant of € 4,000 for the Holidays School project at Effata was approved by the Province of East Flanders. This project started in mid-July and ran until February 2020, only during school holidays. The aim of this project is for the children who are taken care of in Effata to acquire social skills through informal learning, such as listening and communicating well, speaking in groups, expressing emotions adequately and responding appropriately, working together, ... In this way they learn to behave in an adapted manner in various social situations. The Holidays School programme also pays attention to care for the environment, such as keeping the environment clean through good waste sorting and respect for nature and the historicity of buildings.





Brazil Peru

### Giving a warm home to vulnerable children in a country with one of the highest degrees of income inequality in the world.

Since:	1998
Coordination	Bro. Eric Verdegem
Brothers:	2
Co-workers/volunteers	10

SERVICE IN BRAZIL:		PLACE
	1. Associação Estrela da Manhã	São Sebastiã de Amoreira

### **REMARKABLE IN 2019:**

### • After-school care in a separate classroom for the children in Amoreira

Building a classroom for homework guidance: a dream that Estrela da Manhã in Amoreira, Brazil, has long cherished. The country has a 'half-day school system'. This means that children and youngsters spend the other half of the day on the streets. Their parents work full-time. Unfortunately, this means that the Brazilian youth who has nothing to do for half a day, easily ends up in street gangs, drug trafficking, prostitution, serious crimes, etc...

But not in the town of Amoreira! There, the Belgian brother-missionary Eric Verdeghem has a youth centre that takes care of the local youth in the morning or afternoon (depending of their school system). We would call it after-school care. In addition to typical activities as we know them for playgrounds, there is also tutoring and homework support for the children and youngsters.

Children who were abandoned by their own families or who need to be placed in an institution upon request of the juvenile judge, are provided with new opportunities to grow into responsible adults within a family setting in the children's village. Young people and adolescents are encouraged to follow a special training programme (career counseling) that endeavours to help them to find them a suitable job. The goal is to accommodate young people from a risk environment and to create the necessary conditions to help them develop in all areas so that they can make headway in society.

Given the small scale, the project is not recognized as a fully-fledged NGO, which means it does not receive any subsidies. Local authorities provide minimal material support. It therefore mainly relies on the financial contributions of friends and associations from abroad for its operation. Despite the limited resources, but thanks to the support of many, it is able to achieve its goals.

In 2019, the centre was able to recruit an extra educator, next to a teacher for the circus activities. With donations from Belgium and the Netherlands, a study hall was built and circus equipment was purchased. Four young adults received an apprenticeship contract in companies.



= location with services of Fracarita Latin America

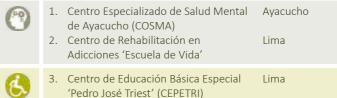






### Providing care to children and adults with a mental illness and disability in a region recovering from years of fear and terror.

Since:	1962	
Coordination	Bro. Jimi A. Huayta Rivera	
Brothers: 2		
Co-workers/volunteers	77	
SERVICES IN PERU: PLACE		
1. Centro Espec	ializado de Salud Mental	Ayacucho



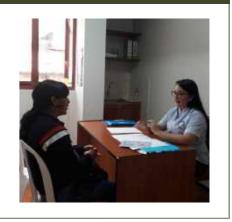


### **TESTIMONY**

### Andrea on the tough but hopeful road her daughter is taking

"When my daughter entered COSMA in Ayacucho, she was very anxious, desperate and afraid. She cried a lot, she couldn't sleep and even wanted to commit suicide. At COSMA I found professional help for her. She was first treated by a psychologist and then by a psychiatrist. Little by little she recovered and overcame her problems."

"She decided to study. At the beginning, these were very simple things. But when she recovered completely, she started studying at the university. Now my daughter is about to graduate... I am a very proud mother. She is also followed up at home by COSMA's team of nurses and social workers. I'm very grateful to the centre and its staff. They're doing a wonderful job!"



▼ Centro de Educación Básica Especial 'Pedro José Triest' (CEPETRI), Lima, Peru



### Nicaragua

### Bringing hope to children and youth affected by exploitation, in a country where tensions are still running high.

Since:	2009
Coordination	Bro. Jimi A. Huayta Rivera
Brothers:	1
Co-workers/volunteers	19

SERVICES IN NICARAGUA:			PLACE
	1.	Programa de Intervención Psicosocial 'Jesús Amigo'	Granada
	2.	Programa de Reintegración Socio- Familiar 'Casa Amanecer'	Granada



▼ Bro. Jimi with two children of Programa de Intervención Psicosocial 'Jesús Amigo', Granada, Nicaragua



### **TESTIMONY**

### "Violence: the recurring actor"

"What I learned before I got involved as a volunteer in the programmes of the Brothers of Charity in Nicaragua was that several months in the midst of a political, social and economic crisis, Nicaragua began to build a new stability in the midst of uncertainty accompanied by much faith."

"During my stay in Granada to film Fracarita Belgium's new South Action campaign movie "Fuerza Mamá", I heard many stories revolving around the same common factor: violence. But let's not just think about the physical and psychological violence within the family, which is recurrent in the cases received at Casa Amanecer and Jesús Amigo."

"Each of these people – girls, boys, adolescents, women and men – grow up in a violent, debilitating and pervasive environment, both because of social paradigms and general socio-economic conditions."

"On the girls' side, I hear the same speech as they "plan" to be only housewives, which makes them see their dreams as distant and not a priority, to whom they teach that violence is synonymous of love, that they should only exist for their children and they are not complete if they do not have them."

"In the case of men, they are trained in an environment with little openness to vulnerability, a lot of pressure to assume adult roles from a young age, an excess of freedom that exposes them to drugs, human trafficking, labor and sexual exploitation, among others."

"Many of the families that today are beneficiaries of programmes organized by the Brothers of Charity come looking to break this cycle of violence that affects all aspects of their development as persons with dignity. Psychological

support plays a fundamental role here in helping them to identify the behavior and thoughts that have led them to this point in their lives."

"The careful work of the team of teachers, psychologists, social workers and volunteers of the programmes of the Brothers of Charity in dealing with each case begins this encouraging break with their old story. Here, the extended family of each beneficiary must be involved and be part of the process, because the transformation must be collective."

"Reducing the different types of violence suffered by this population from an early age will make possible the coming of a real social and emotional improvement, where we will not only have small sources of security and well-being. Organizations such as Casa Amanecer and Jesús Amigo have an important role to play in this social transformation that must have real and constant support from the external partners and the stimulus local efforts, in order to achieve a new paradigm."

"In our services, the extended family of each beneficiary must also be involved and be part of the process, because the transformation must be collective."

By Maria Eugenia Riera,

volunteer for the services of the Brothers of Charity in Peru June 2019







## Policy on Income Generating Activities (IGAs)

#### 1 Global framework

On the basis of the global framework developed in previous years, the focus in 2019 concentrated mainly on the development of methodology, the further refinement of the instruments, the encouragement and active coaching of the "mental switch" towards a strength-based social entrepreneurship as well as the support and guidance of concrete local initiatives.

### 1.1 Ultimate goal and challenge: strengthening local financial self-sufficiency

Also in 2019, the promulgation, as proclaimed by the General Chapter 2018, in which the principle and the mission to strengthen the financial self-sufficiency of the regions was strongly reaffirmed, was the primary frame of reference. In which "responsibility, accountability, transparency, budgeting and audit principles" were defined as fundamental building blocks for each action. In doing so, Fracarita International was explicitly mandated to develop and guide a policy of income-generating activities (IGAs) as the most appropriate method to achieve this strengthening of financial self-sufficiency.

The background was the conviction and the knowledge that in our rapidly evolving and globalizing world, a number of international trends are emerging that need to be taken into account, in particular in the field of fundraising for apostolic-Christian initiatives.

In line with the strongly emancipatory and strength-based approach in the field of psycho-social assistance, also within this domain we explicitly start from the local competencies and opportunities present in order to activate them or further develop them towards social entrepreneurship. This will be done by a well-considered integration of a social objective (the support of local or regional apostolic services) and (more) appropriate management concepts, if necessary supported by win-win partnerships with profit-oriented companies.

On the basis of this mission, Fracarita International continued to provide support and management advice on a very regular basis in 2019 when setting up and managing local income-generating initiatives. Starting with the dialogue around the basic concept, a market study and SWOT analysis, the editing of a phased policy action plan explicitly based on a process-oriented approach, starting with the core values of our mission, the P-D-C-A quality circle of Deming and the insights of the Sinek's golden circle on motivating leadership.

### 1.2 The ethical framework: the "Code of Ethics & Conduct"

Linking a number of purely business related management topics and the principle of good governance to the basic core values of our Mission as congregation, this "Code of Ethics & Conduct" is applicable to all income generating activities and to all the members of the Congregation and lay staff members who are involved in these IGAs.

The Code of Ethics and Conduct itself contains ten (10) propositions in which terms such as social responsibility, empowerment, law-compliancy, transparency, respect for human rights, sustainability, and a strong rejection of any form of illegality or corruption are translated into clearly verifiable rules of conduct.

### Income generating activities Congregation of the Brothers of Charity CODE OF ETHICS & CONDUCT

Fracarita International, as the non-for-profit organisation of the Congregation of the Brothers of Charity, executes its mission to support the apostolic services of the Congregation through coaching, exchange of knowledge and expertise, internal capacity-building, international fundraising and influencing policymakers. In particular in Africa, Latin America

### 2 Process-oriented and outcome-focused approach

In 2019, in line with Fracarita International's Mission, the development of this specific policy area was emphasised on **three key strategies** (simultaneously operationalised):

#### A. 'Mental switch'

in particular, the internal 'mental switch' to sharpen the 'sense of urgency' and to actively promote shared co-ownership, throughout all operational levels of the organisation, as a basis for strengthening the motivation for the development and expansion of these IGAs, while becoming aware of the existing (or to be trained) competencies.

#### B. Internal competence development

As a second strategy, a number of targeted training courses were followed by the staff of Fracarita International about (e.g.):

- international entrepreneurship
- the relationship between development aid and IGAs
- integration with the Sustainable Development Goals of the United Nations
- financing and funding methods
- microcredits and the setting up of international cooperatives
- managerial methodologies for IGAs in developing countries

The outcomes or insights gained were **translated** each time towards, and connected with, the specific realities and challenges in the various regions and shared as much as possible with those responsible for the operational management of local and regional IGAs. Or integrated into concrete supportive actions and instruments developed.

#### C. Network and platform development

Also in 2019, Fracarita International invested strongly in the further development and expansion of a **network of (international) entrepreneurs**, through well-prepared personal conversations, as well as about the **legal structures** within potential partnerships could take shape. These conversations also functioned as a form of **internal expertise and competence development**, whereby a number of 'lessons from the private sector' were systematically integrated into the internal operational plans.

At the same time, Fracarita International has also registered in a number of specific **international platforms** in order to expand our network and to stimulate opportunities for collaboration.

### 3 Our methodological elaboration of the IGA-policy

In parallel with a number of realities and international trends in this field, with which comparable international organisations and congregations are also struggling, the importance of these IGAs as an alternative method of financing (mainly of the running costs) rapidly increased.

In addition and simultaneously, Fracarita International started to develop and to deploy support for methodological elaboration, structured organisational steering, active research for feasible opportunities, adequate financing or funding start-up IGAs, training and adapted coaching.

### 3.1. Specific supportive managerial instruments

A number of supporting management tools were further refined in 2019:

• Including an organisation-specific **business plan template** (two versions) that has already been presented, discussed and approved by a number of reputable organisations, including the Belgian organisation 'Entrepreneurs' for Entrepreneurs' as an adequate instrument for the conceptualisation, elaboration and follow-up of IGAs.

- A standardised screening tool based on a set of objective criteria and ratios that would allow new proposals from
  the regions for elaborating new IGAs to be evaluated in a more transparent well-founded way. For example about
  the following ratios:
  - economic viability
  - profitability
  - sustainability
  - financial basis

- day-to-day management
- business risks
- market positionEtc.

This also in the perspective of the dialogue with external partners.

#### 3.2. Organisational embedding and steering and advising

To further support the implementation of the IGA policy, an additional internal organizational structure was set up in 2019, namely the "Core Group for IGAs and International Fundraising" consisting of five delegates (all CEOs or persons with an international business background) from the Committee of the Friends of the Brothers of Charity, and the staff member from Fracarita International who's in charge of the policy of income generating activities.

The objective of this core group is to advise and support Fracarita International and the entire Congregation in the field of income generation and international fundraising.

Through very regular meetings (every two months), feasible basic concepts, business ideas and strategies are discussed and tested against the possibilities, limitations and policy choices of the Congregation. The first meeting was organised at the end of November 2019.

#### 3.3. Internal auditing as a dynamic and empowering management tool

In 2019, also in line with the further operationalisation of this IGA policy, Fracarita International's made progress in the development of a **method of internal auditing**. Referring to the third and necessary process step (check (C)) in the above mentioned P-D-C-A circle, needed to take and/or adjust the next steps about IGAs.

This always with the ultimate goal: a structural increase in the structural self-financing and the financial strength of the services of the Congregation.

▼ The start-up of a small integrated pharmacy and clinic laboratory to support the basic Mission of the Kigoma Training College, Kigoma, Tanzania



### International Advocacy

Bro. Dr. René Stockman - President of Fracarita International - General Superior of the Congregation of the Brothers of Charity



"Envisioning a world in which every person lives with dignity, freedom, justice, equality, and peace and out of the shadows, Fracarita International believes that each one of us has a part to play in building respect for human rights and expanding human dignity based on Christian values and the Social Doctrin of the Church. The mechanism of International Advocacy provides Fracarita International with opportunities to make this visible at the international levels of the UN-system but also by organizing conferences and reflection programs."

"Total ending of poverty is an utopian idea maybe that goes beyond human capabilities. Nevertheless we cannot ignore that the poorest of the poor are people suffering of mental illness and that in extreme poverty conditions. We aim to tackle the underlying causes of poverty and social injustice to bring lasting change to the lives of poor and vulnerable people, leaving them better prepared to face the future. They need our support through inspired and professional care. To serve them but also by giving voice to them is the mission of the Congregation of the Brothers of Charity and this through Fracarita International."

"To achieve our mission, we need to adapt to a rapidly changing world. Fracarita International's stewardship and technical expertise is therefore constantly guided by the people with whom we work across the world.

"One of the most exciting developments in the past year is our new governance structure designed to promote efficiency, effectiveness and greater diversity. We at Fracarita International would like to thank all our donors and partners who have provided the invaluable support that has enabled us to keep our commitments and deliver our mission."



Fracarita International, which has a **consultative status** at the **Economic and Social Council (ECOSOC)** of the **United Nations (UN)**, called for continued attention to the campaign 'Breaking the Chains of Stigma in Mental Health' and to the campaign 'No Health without Mental Health'. Fracarita International is in its work fully committed to the **Sustainable Development Goals (SDGs)** of the United Nations. By implementing a global and coordinated advocacy strategy, Fracarita International believes that we can multiply the scope of our impact beyond programme funding and technical support to influence the national and international policies that affect the lives of the poorest and most vulnerable communities around the world.

**There is no health without mental health!** The Lancet Commission on mental health was clear about this. There is more and more evidence that physical health can only be fully growing if mental health is provided.

We are honored and proud that the Kingdom of Belgium and especially **our Majesty Queen Mathilde**, is taking the lead for this on international level. She is Goodwill Ambassador for the United Nations Global Goals for Sustainable Development with a special focus on mental health and wellbeing and her concern to children and young vulnerable adults. The congregation of the Brothers of Charity is working for more than 220 years in the field of mental health and therefore Fracarita International fully endorses the personal commitment that the Kingdom of Belgium is taking in the field of mental health. Prevention, treatment but above all understanding, listening, quality of professional care and inspired compassionate presence is the essence of good mental health care!

### Overview of the activities in which Fracarita International participated at international level in 2019:

#### 1. Geneva, Switzerland - 11 February 2019



A delegation of Fracarita International attended a joint advocacy and campaign meeting of the Blue Print Group on Global Mental Health in Geneva. The focus of the campaign was how to bring advocacy closer to mental health projects so that local people feel involved with this world of International Advocacy.

Fracarita International has succeeded, after much intense lobbying, in becoming a member of the Blue Print Group for promoting Global Mental Health. The lobbying of Fracarita International focuses on two things:

- drawing attention to heavy chronic psychiatric patients who need highly specialized facilities
- focusing on French-speaking Africa in terms of mental health care. It is noted that the WHO has an ear for this and that there is gradually increased attention for this in the 'Global Mental Health' community.

#### 2. London, United Kingdom - 22 March 2019





On the occasion of the international campaign 'Breaking the chains of stigma in mental health', Fracarita International and the London School of Hygiene and Tropical Medicine (LSHTM) organised a symposium on 'Rebalancing power in global mental health'. This was held in the buildings of the The London School of Hygiene & Tropical Medicine (LSHTM). Brother Jimi, Coordinator of Fracarita International, had the opportunity to present the functioning of our services in Peru.

#### 3. Bruges, Belgium - 5 June 2019



Fracarita International and vzw Kontinenten organised a symposium on 'human dignity in this increasingly secularised and globalised world' on June 5th in Bruges. Topics ranged from the encyclical Laudato si', Ecokerk, the Sustainable Development Goals of the United Nations to the core of the vision and mission of the Congregation Brothers of Charity. In the morning there were several speakers. In the afternoon there were workshops for all attendees. The symposium was made financially possible by the City of Bruges, which granted a subsidy for the organisation of this day.

#### 4. Geneva, Switzerland - 28 June 2019



Our International Advocates represented Fracarita International at the WHO Forum on alcohol, drugs and addictive behaviours in the headquarters of the World Health Organization (WHO) in Geneva on 27 and 28 June 2019. Fracarita International is actively engaged in prevention, treatment, rehabilitation of vulnerable people confronted with alcohol, drugs and addictive behaviours. The Congregation of the Brothers of Charity focuses specifically in this area in Peru, Nicaragua, Tanzania and Indonesia.

### 5. Rome, Italy - 18 September 2019



On 18 September, the first workshop entitled 'Challenges and perspectives for a health pastoral care' was held at the Dicastery for Promoting Integral Human Development. The meeting was attended by numerous representatives of the hospital, pharmaceutical, academic and research world, as well as managers and delegates of religious orders who have always been involved in the service of caring for the sick. Brother René Stockman, Chairman of Fracarita International, attended the meeting as General Superior of the Congregation Brothers of Charity.

#### 6. Amsterdam, the Netherlands - 7 & 8 October 2019



Fracarita International was invited in Amsterdam to join the expert group for preparing a two-days International Conference on Mental Health in Humanitarian Context. Fracarita International presented the services in Ayacucho, Peru through a PowerPoint. One of the aims of the conference was to present promising and evidence-based approaches and interventions and discuss how those can be integrated into routine humanitarian assistance and brought to scale.

#### 7. Bobo-Dioulasso, Burkina Faso - 5 & 6 November 2019



A delegation of Fracarita International participated in an international conference on 'Mental Health in Africa', organized by Western Africa Health Organization (WAHO) in collaboration with CBM. This fund was combined with a CBM contribution for the flights and stay. It turned out to be a very relevant conference for Fracarita International because within the Global Mental Health more attention will now be paid to French-speaking Africa.

#### 8. Ghent, Belgium - 10 October 2019



On 10 October 2019, World Mental Health Day, the Dr. Guislain Museum and Janssen Research & Development, LLC named the Indian Live Love Laugh Foundation the 2019 winner of the Dr. Guislain 'Breaking the Chains of Stigma' Award. "Over the last four years, The Live Love Laugh Foundation has worked on several initiatives with a specific focus on destigmatizing mental illness and creating awareness about mental health. This award further validates our work. At The Live Love Laugh Foundation, we believe that not a single life should be lost due to mental illness and we continue our efforts in giving hope to those struggling with stress, anxiety and depression (SAD)," said Deepika Padukone, Founder of The Live Love Laugh Foundation (TLLLF).

The Dr. Guislain Award program is a joint project of the Dr. Guislain Museum and Janssen Research & Development, LLC. The winner receives a \$50,000 prize that must be used toward further work to reduce societal stigma about mental health. The Award is given to an individual(s), organization or project that has made an exceptional contribution to mental health care in the broadest sense on a cultural and/or social level; has provided a genuine contribution to decreasing stigma around mental health conditions; has promoted attention for mental health care; and has done all this with passion, creativity and innovation.

For more information about the Dr. Guislain Award: www.drguislainaward.org

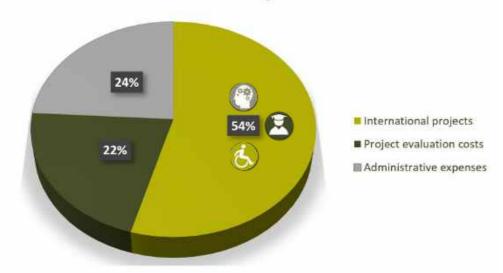
### Finances

### Partners & Memberships

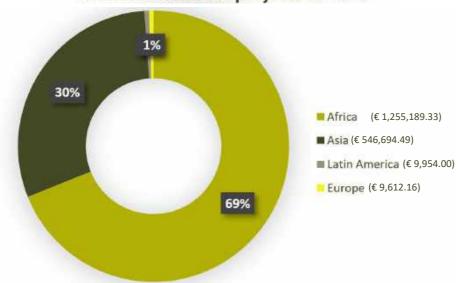
### **Total expenses in 2019**

TOTAL	€ 3,349,790.07	100%
Administrative expenses	€ 806,043.07	24,06%
Project evaluation costs	€ 722,297.02	21,56%
International projects	€ 1,821,449.98	54,38%

### Division of total expenses in 2019



### Geographical distribution of total expenses in all international projects in 2019



#### Fracarita International is a member of:











### Fracarita International would like to thank its partners. These include:

































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### **Brothers of Charity**

Fracarita International is the international NGO for development cooperation of the Congregation Brothers of Charity.

