

ACTIVITY REPORT CEPETRI

World Mental Health Day 2017

The following report has the details of the activities executed within the framework of World Mental Health Day on October 10, 2017 in the *Center of Basic Special Education Pedro José Triest* in Lima, Perú. The activities were organized by the educational team of CEPETRI and FUNDADES, foundation with we have a partnership of cooperation and development.

1.- Kiddie Show

organizing institution: CEPETRI

Participants: CEPETRI's students, teachers and administrative team

Objective: Functional integrated activities. Integration between our students, respect for the waiting time, respect for the personal space of the classmates.

The show was a space for the integration and recreation of our students, who put into practice the lessons learned in class as the integration between different sections, ages and diagnoses, all under the supervision of the responsible educator. Likewise, the input of *respect waiting times* was applied between dynamics where they participated in groups. The same applies to respect for personal space and the perception that the student has of this. During the educational process it is important that our students can improve and consolidate these last two points in their habitual behavior.

2.- Meeting of brothers

organizing institution: SAANEE Program

Participants: Brothers and sisters of the inclusive schools: I. E. La Católica de Carabayllo – I. E. José Carlos Mariátegui – I. E. Innova School – I. E. Fermín Avila – I. E. San Felipe – I. E. Creativos Talentos – I. E. Sol de Alegría – I. E. Mi Pequeño Sol. SAANEE's students, teachers and administrative team

Objective: Strengthen the skills of our students' siblings to reinforce learning and development at home.

In Perú, as part of the politics to promote the inclusive education in favor of students who have a disability, the Ministry of Education has the Support and Advice Service for Special Educational Needs (SAANEE), which work in parallel with teachers /schools of regular education and teachers / schools of special education.

As part of this program, the meetings of brothers of our students are held in order to give them the tools and information that give them the skills to support the development of their siblings with different abilities at home and other spaces outside of school.

Likewise, these meetings help to exchange experiences and learnings within the family circle. This gives them a different space of communication and emotional support with people with a similar context.

Each of these sessions works on a different topic and for the International Day of Mental Health, it was also focused on the importance of not only focusing on people with different abilities, but also the different aspects that this it involves emotional stability, mental disorders of different types, among others.

In search of the strengthening and emotional connection between brothers and our students, they elaborate a memory that captures the learning obtained in the session and then be shared with their siblings.

Program:

- Integration Dynamics
- Presentation of the Theme
- Elaboration of a gift for my brother
- Reunion with my brother
- I apply what I learned
- Closing activity

3.- Making my personal banner

organizing institution: SAANEE Program

Participants: Students, parents and teachers of CEPETRI

Objective: Encourage the joint work between parents and children through creativity and artistic skills.

The objective of this activity was to strengthen bounds between parents and children through artistic manual work. With the creation of these banners they explored their creativity by expressing their perception of disability, seeking a sense of inclusion and development.

The work of each team of parents and children entered an internal contest, subsequent exhibition and small parade to sample all the designs made.

4.- Mini Olympics – FUNDADES GROUP – LILIANE FONDOS

organizing institution: SAANEE Program

Participants: Organizations part of FUNDADES programs that works with special education (ADESA, ARIRED, UNIENDO CORAZONES, CENTRO LA ALEGRIA EN EL SEÑOR, CEPETRI) with students, parents and teachers.

Objective: Work Fine and Coarse Motor Coordination. Balance. Attention Concentration, etc. Share with partner organizations for work for people with disabilities and inclusive education.

This activity was developed with the purpose of strengthening the bond between organizations, parents and children as well as confidence in themselves. These sports competitions show them that they also have sports talents that are recognized and celebrated.

Participating students:

Class	Student	Diagnosis	Age	Discipline
Kinder - morning	1. José Manuel Duarez Muños	Autism	6 years	50 flat meters
	2. Carlos Daniel Montoya Hilario	Autism	6 years	50 flat meters
7 - 9 years	3. Rodrigo Vega	Autism	9 years	Walking
	4. Nicolás Cuenca Hermoza	Autism	9 years	Walking
10 - 12 years	5. Luis Daniel Guevara Patricio	Down syndrome	9 years	Hoop launch
	6. Luis Ángel Chahua Trujillo	Down syndrome	10 years	Hoop launch
	7. Sananda Marquéz Chiris	PC	12 years	Ball launch / 50 flat meters
13 +	8. Salvador Cabrera Vega	Down syndrome	15 years	Mix football / 100 flat meters
	9. Milagros Aguilar Aliaga	Down syndrome	14 years	Mix football / 100 flat meters
Multigrade	10. Priyanka Ramirez	Down syndrome	11 years	Race 50 meters flat in post.
	11. Walter Josué Vásquez Cubas	Down syndrome	17 years	Race 50 meters flat in post.

Winners:

AULA	Alumno(a) Ganadores	Diagnóstico	Edad	Disciplina
7 – 9 years	Nicolás Cuenca Hermoza	Autism	9 years	Walking
10 - 12 years	Luis Daniel Guevara Patricio	Down syndrome	9 years	Hoop launch
13 +	Salvador Cabrera Vega	Down syndrome	15 years	Mix football / 100 flat meters
Multigrade	Priyanka Ramirez	Síndrome Down	11 years	Race 50 meters flat in post.
	Walter Josué Vásquez Cubas	Down syndrome	17 years	Race 100 meters flat in post.

Annex

1.- Kiddie Show





2.- Meeting of brothers



3.- Making my personal banner





4.- Mini Olympics – FUNDADES GROUP – LILIANE FONDS



