



ANNUAL REPORT 2021

**FRACARITA INTERNATIONAL
NGO BROTHERS OF CHARITY
INTERNATIONAL DEVELOPMENT COOPERATION**

**MENTAL HEALTH CARE
EDUCATION
CARE FOR PERSONS WITH A DISABILITY**

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CHAIRMAN'S MESSAGE

Development aid has long been a one-way street.

From the North, people and resources were sent to the South to help and support them locally. Of course, this has been very important to develop and support certain sectors in the South. Just think of education and health care, which would not be present on such a large scale in the South today without the efforts of predominantly inspired missionaries and development aid workers who followed in their footsteps.

To maintain what was and still is being built by them, support is still needed, and that also remains the mission of an organization like Fracarita International. And also, for new projects that are being launched there today, partners are sought who can help with construction, start-up, and operation.

Today, Fracarita International also faces other and totally new challenges.

Great attention is paid to strengthening the own capacities and skills of our partners in the South. This theoretical concept becomes very concrete, among other things, in the guidance of our brothers and collaborators in the South to increase their professionalism.

Through manuals and remote guidance, those responsible for our projects are coached to take the further development into their own hands of the services already started there. The development of small-scale and even less small-scale projects to help financially support the main activities on site is also on the "to do" list and is supervised from Fracarita International.

A fund has been established for this purpose, from which loans can be provided to support new initiatives and for which a solid business plan must be able to be presented. Today the first trees are being planted and tomorrow the first fruits can be harvested to ensure that in the future they will be less dependent on outside help.

Fracarita International works from and with a clear mission rooted in the charism of the Brothers of Charity. Since 1807, the Brothers of Charity have been giving concrete form to charity: from a loving basic attitude, opening themselves up to the needs and suffering from fellow human beings and formulating answers to them in a professional manner. These answers are the care and treatment of people with mental illness, the guidance of people with disabilities, the education, and teaching of children and young people who lack opportunities for education because of all kinds of poverty. These are always people who are marginalized because of a specific life situation and are often pushed aside as they are considered inferior by their environment. Discrimination and marginalization of people with mental illness and disabilities are not at all a thing of the past!

In this annual report, you will learn about the many projects that are trying to change that. Sometimes it's still literally 'breaking the shackles' in which these sick people have been held or picking them up on the side of the street where they have been abandoned. Sometimes it is about breaking child labour by providing education in the most remote places.

Yes, our charism of charity remains burningly relevant. It is not just any charity that expresses itself solely in some charity, but a charity that is always aimed at restoring human dignity and providing tools to promote and take control of one's own humanity. Through this form of charity, we also contribute to a so important change in mentality, whereby the environment starts to see these people again as fellow human beings and then treat them as fully-fledged fellow human beings.

Solidarity remains a key word in all of this. Solidarity between North and South, and here we are grateful to those who realize this word through financial support. But also, solidarity on the ground, where people are called to help each other, support each other, and give each other new chances in life. Thank you to all those who help realize the mission to which Fracarita International is called!



A handwritten signature in blue ink, appearing to read 'R. Stockman'.

Bro. René Stockman, PhD
Superior General of the Congregation of the Brothers of Charity
President of Fracarita International

Great attention is paid to strengthening the own capacities and skills of our partners in the South

I. SETTING THE SCENE

MISSION & ORGANISATIONAL CHART

FRACARITA INTERNATIONAL

Mission of Fracarita International

Fracarita International is the international non-profit organization founded by the Congregation of the Brothers of Charity with the aim of supporting the establishments of the Congregation, particularly in Latin America, Africa, and Asia.

It will exercise this task in line with the mission of the Brothers of Charity, which is oriented to radiate God's love in the world, especially in the lives of the most vulnerable. Fracarita International does this through concrete works of charity in mental health care, care for people with disabilities and education.



Fracarita International achieves this mission through **concrete assistance, support, and advice** with a special focus on:

- Capacity building
- Project management
- Exchange of knowledge and expertise
- International fundraising
- Income generating activities
- Strategic management
- Influencing policy

By setting up regional fundraising offices in different countries, Fracarita International is looking for new ways to fund projects.

A network of continental and regional coordinators has been developed to increase professionalism in the institutions and to promote the development of local capacity for financial self-reliance. We are committed to better management, the stimulation of creativity and the learning of skills based on local fundraising and the start-up of income-generating activities (IGAs).

As a non-profit organization with consultative status at the United Nations, Fracarita International respects the human rights-based approach. Serving humanity and standing up for people whose rights are violated because of their specific life situations, or whose human dignity is at risk.

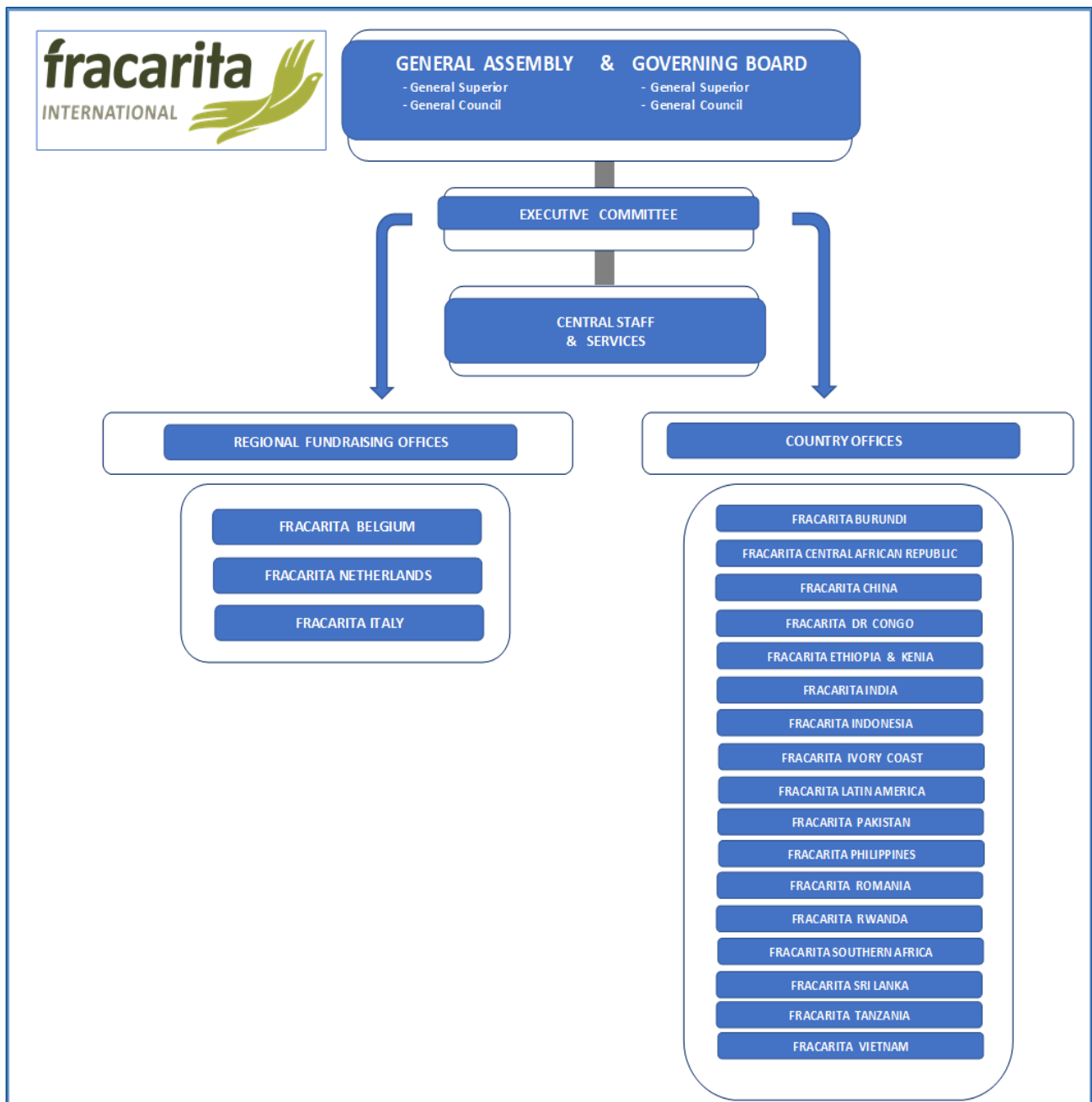
Fracarita International acts in line with the Social Doctrine of the Catholic Church.

To achieve these goals, Fracarita International is always open to collaboration with other groups that share the same vision.

Organizational chart Fracarita International

As a hierarchical coordination structure, directly managed by the General Council, Fracarita International has developed a corresponding organizational structure in which the respective provincial and regional coordinators are responsible for the national departments of Fracarita.

Through a regular flow of local and regional information, periodic reports, and feedback from these national departments to Fracarita International, the aim is to achieve effective and coordinated management to realize the basic objectives as described in the Mission.



CONCRETISATION OF THE MISSION OF FRACARITA INTERNATIONAL IN 2021



Capacity-building: Strengths - based coaching towards further development

A crucial assignment within its mission concretized by Fracarita International in 2021 is the targeted and ongoing capacity building of (leading) Brothers, in all relevant areas related to leading and directing local and regional structures, initiatives, and projects including:

- Supportive advice and coaching in setting up new projects
- Compiling and drafting project dossiers step-by-step
- The stepped-way search for funds (starting locally up to the international fundraising level)
- The organizational development of new initiatives
- The implementation of financial and accounting policies
- Strategic planning HR policy, patient care policy
- Reporting, etc. to entering structural partnerships and the efficient transfer of leadership

In this capacity-building endeavour, however, Fracarita International adopts an explicit strengths-based approach based on the premise that each leading Brother within the Congregation has strengths on which to build further. This is thus in contrast to a more traditional approach that focuses on remedying weaknesses, gaps, or deficiencies.



Frequent recent scientific research has indeed indicated abundantly that such a strengths-based approach is much more efficient and sustainable in the acquisition of additional knowledge, skills, or competencies, both in organizations and therefore also in individuals.

This fundamental approach is reflected in the way personal coaching of managers, as well as coaching of e.g., management teams or organizations is set up, developed, and followed up.

With its theoretical foundations in positive psychology and motivational theories, it assumes that a manager, a leading Brother, or an executive who focuses his energy on developing his abilities also experiences greater professional satisfaction.

In this case, the leading Brother performs more strongly and sustainably. And, significantly better than an approach that relies on the classic “cure approach” that fixates on the illness, deficiency, or weaknesses and tries to remedy them.

An appreciative emphasis on strengths and their further development, including towards acquiring new competences, also strengthens the self-efficacy and ability to respond autonomously and appropriately to new and unfamiliar situations or challenges.

Which also enhances the strength and resilience of the entire facility, service or institute, project, or regional operation as a whole.

In 2021, the staff of Fracarita International continued to carry out a significant number of coaching and competence-building activities, both organizationally and personally, with very different intensities (from very intensive daily coaching sessions to coaching sessions with fixed intervals), covering a very wide range of topics, and using various communication modalities (up to working visits on site).

Project management: coaching towards excellence

Fracarita International's role and mission in terms of project management support in 2021 can be described as a balanced combination of technical support and coaching of local or regional project managers.

Technical support in concrete project management has the finality of improving the effectiveness and efficiency of the project and/or of the underlying organization / institution.

The coaching process aims to support the responsible Brothers-project-managers in integrating and applying the technical knowledge acquired or received.

In general, this is spread over five phases:

Phase A: project initiation & conception

The most critical phase of the project management process is to identify the 'why' or rationale behind the initiative or project objectives, and to conduct preliminary research on the feasibility of the project and the extent to which it can adequately address a concrete need (e.g., towards education or healthcare) or vis-à-vis a challenge (e.g., strengthening financial self-sufficiency through an appropriate IGA).

Through coaching in this phase, Fracarita International also seeks to align all involved parties (internal and/or external) and beneficiaries, stakeholders, and funders.



Phase B: the project planning

Project planning focuses on capturing the details of the operational phases of the initiative or project. Where, regardless of the specific context, several components will be considered for active coaching:

- Project scope
- Project structure and division into primary components
- Primary project processes and (if applicable) the global workflow
- The differentiated strategic team roles and responsibilities
- Key project milestones (incl. interim assessments and reports)
- The various approval processes (e.g., concept plan, operational plan, business plan, financing plan, etc.)
- Communication plan (internal and external)
- Key team dynamics to ensure objectives are met on time and on budget

Phase C: project execution

In this implementation phase, also the longest in the whole project management process, the coaching, and support on behalf of Fracarita International was also the most intensive in 2021 and concretely focused on these sub-topics:

- Strategic planning versus operational planning
- Budget management & financial policy
- Resource planning (including external & international fundraising)
- Change management
- Risk management
- Quality management
- Communication policy
- Internal and/or external auditing

Phase D: project monitoring & control

Fracarita International's support and coaching of the responsible Brothers was in 2021, in this phase focused on the following components:

- Monitoring of project budgets
- Adherence to the agreed timelines
- Realization of the set project objectives
- Optimization of outcomes

Phase E: project closure and reporting

In the project closure phase, Fracarita International provided support for the final evaluation of the project, with a specific and intense focus on correct reporting, both narrative and financial. And addressed to all shareholders involved: thus, both the internal (with the congregation as the most important) and external partners: the local and regulatory authorities, the strategic co-partners, and the external financiers. In 2021, special attention was paid to this correct project reporting and further strengthening the competencies in this area of the executive and responsible Brothers.

Exchange of knowledge and expertise

Besides financing/fundraising and providing technical assistance, is the sharing of knowledge and expertise, the most strategic and dynamic third pillar of modern development cooperation. Whereby the traditional and historical north-south movement is increasingly being replaced by a movement towards a more south-south movement, at the same time based on a recognition of local potentialities. Expressing a unique and crucial paradigm shift that is also fully and actively supported and advocated by Fracarita International.

This changing vision enables the emergence of increasingly 'horizontal partnerships' and 'south-south dynamics', based on knowledge and experience sharing, mutual benefits and sustainable long-term relationships founded on a partly shared cultural and anthropological background.

These insights were also translated by Fracarita International in 2021 into an approach and concrete methodologies whereby information and knowledge in numerous areas, all related to mission implementation, were shared in a manner consistent with this paradigm shift.

The south-south movement was therefore very much emphasized during the coaching, both in the three main areas: mental health, education, and care for people with disabilities, as well as in the field of management in the broadest sense.

International fundraising

In its broadest sense, 'international fundraising' includes all activities carried out by our NGO and Congregation to ensure that it has the necessary financial means to sustain itself and achieve its mission.

Basically, there are three main sources of income available:

- Philanthropy, or financial and voluntary donations and in-kind support from individuals, businesses, and grant-making organizations, such as (international) foundations
- Income-generating activities (IGA's)
- Government funding, including grants



In this section, we use the term 'fundraising' in a narrow sense to refer to efforts to tap the first source of income by raising voluntary philanthropic contributions.

Based on the mission of Fracarita International, in 2021 too, support, advice and inspiration were offered to provincial, regional, and local work in the domain of international fundraising.

Since a significant number of apostolic initiatives in the South are directly dependent on international philanthropy and donor funding, this was also an important area of activity, applying a number of explicit principles in terms of ethics, transparency, and accountability as strict guidelines.

In doing so, Fracarita International strictly adheres to a set of basic principles contained in the "International Statement of Ethical Principles in Fundraising" as approved in 2018 by the European Centre for Not-for-Profit Law and the International Centre for Not-for-Profit Law.

Some of the building blocks:

- **Honesty:** in any fundraising action or funding case, honesty and correctness are absolutely paramount; maintaining and affirming the trust of donors or philanthropists is a crucial cornerstone.
- **Respect:** in our approach, communication, and cooperation with our external funding and support partners, we apply the highest possible form of respect, always in line with our basic values and charism of the Congregation. In which we respectfully interact both with our local fundraisers, with possible choices or preferences of our donors, and with the final beneficiaries within our apostolic works and initiatives.
- **Integrity:** Fracarita International is a strong advocate of integrity, in every form of action, strictly following, among others, the various national and international laws and regulations, always placing the final goal and interest of the final beneficiaries first.
- **Transparency:** in our contacts and feedback to donors and funders, Fracarita International strives for complete transparency. Both on the objectives of fundraising, the way funds are used, the overhead costs, and the local management of the initiatives. This is also expressed in accurate and punctual reporting.
- **Responsibility and accountability:** refer to the knowledge that accountability equates to our mandate to explain and accept responsibility for carrying out an assigned mandate, namely, through good governance, using the resources collected to support or carry out a specific project or apostolic operations. Two aspects on which Fracarita International, also in 2021, has focused strongly while advising and supporting the provincial, regional, or local structures.

Within the adopted policy of full transparency and accountability, a dialogue and cooperation were also established with **the King Baudouin Foundation** from Fracarita International.

This with the aim of setting up a Fund, under the management of the King Baudouin Foundation, which will collect donations under the name '**Fund Friends of Fracarita International.**' The allocation of the collected funds to the distinguished initiatives of the Congregation in the South, will also be done from this Fund Friends of Fracarita International, after respecting and going through an internal procedure that will support and guarantee this transparency.

Income Generating Activities

Global framework



Based on the global framework developed in previous years, the focus in 2021 concentrated on the development of methodology, the further refinement of the instruments, the encouragement and active coaching of the 'mental switch' towards a strength-based social entrepreneurship as well as the support and guidance of concrete local initiatives.

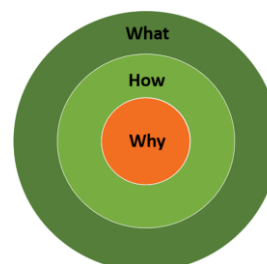
Ultimate goal and challenge: strengthening local financial self-sufficiency

Also in 2021, the promulgation, as proclaimed by the General Chapter 2018, in which the principle and the mission to strengthen the financial self-sufficiency of the regions was strongly reaffirmed, was the primary frame of reference. In which "responsibility, accountability, transparency, budgeting and audit principles" were defined as fundamental building blocks for each action. In doing so, Fracarita International was explicitly mandated to develop and guide a policy of income-generating activities (IGAs) as the most appropriate method to achieve this strengthening of financial self-sufficiency.

The background was the conviction and the knowledge that in our rapidly evolving and globalizing world, several international trends are emerging that need to be considered, in particular in the field of fundraising for apostolic Christian initiatives.

In line with the strongly emancipatory and strength-based approach in the field of psycho-social assistance, also within this domain we explicitly start from the local competencies and opportunities present in order to activate them or further develop them towards social entrepreneurship. This will be done by a well-considered integration of a social objective (the support of local or regional apostolic services) and (more) appropriate management concepts, if necessary, supported by win-win partnerships with profit-oriented companies.

Based on this mission, Fracarita International continued to provide support and management advice on a very regular basis in 2019 when setting up and managing local income-generating initiatives. Starting with the dialogue around the basic concept, a market study and SWOT analysis, the editing of a phased policy action plan explicitly based on a process-oriented approach, starting with the core values of our mission, the P-D-C-A quality circle of Deming and the insights of the Sinek's golden circle on motivating leadership.



Source: The Golden Circle from Simon Sinek's Start

The ethical framework: the ‘Code of Ethics & Conduct’

Income generating activities
Congregation of the Brothers of Charity
CODE OF ETHICS & CONDUCT

Linking several purely business-related management topics and the principle of good governance to the basic core values of our Mission as congregation, this “Code of Ethics & Conduct” is applicable to all income generating activities and to all the members of the Congregation and lay staff members who are involved in these IGAs.

The Code of Ethics and Conduct itself contains ten (10) propositions in which terms such as social responsibility, empowerment, law-compliance, transparency, respect for human rights, sustainability, and a strong rejection of any form of illegality or corruption are translated into clearly verifiable rules of conduct.

Process-oriented and outcome-focused approach

In 2021, in line with Fracarita International’s Mission, the development of this specific policy area was emphasized on three key strategies (Simultaneously operationalized):

Mental switch

In particular, the internal ‘mental switch’ to sharpen the ‘**sense of urgency**’ and to actively promote shared **co-ownership**, throughout all operational levels of the organisation, as a basis for strengthening the motivation for the development and expansion of these IGAs, while becoming aware of the existing (or to be trained) competencies.

Internal competence development

As a second strategy, several **targeted training courses** were followed by the staff of Fracarita International about (e.g.):

- International entrepreneurship
- the relationship between development aid and IGAs
- integration with the Sustainable Development Goals of the United Nations
- Financing and funding methods
- microcredits and the setting up of international cooperatives
- managerial methodologies for IGAs in developing countries

The outcomes or insights gained were **translated** each time towards, and connected with, the specific realities and challenges in the various regions and shared as much as possible with those responsible for the operational management of local and regional IGAs. Or integrated into concrete supportive actions and instruments developed.

Network and platform development

Also in 2021, Fracarita International invested strongly in the further **development and expansion of a network of (international) entrepreneurs**, through well-prepared personal conversations, as well as about the legal structures within potential partnerships could take shape. These conversations also functioned as a form of **internal expertise and competence development**, whereby several 'lessons from the private sector' were systematically integrated into the internal operational plans.

At the same time, Fracarita International has also registered in several **specific international platforms** in order to expand our network and to stimulate opportunities for collaboration.

Our methodological elaboration of the IGA-policy

In parallel with several realities and international trends in this field, with which comparable international organisations and congregations are also struggling, the importance of these IGAs as an alternative method of financing (mainly of the running costs) rapidly increased.

In addition, and simultaneously, Fracarita International started to develop and to deploy support for methodological elaboration, structured organisational steering, active research for feasible opportunities, adequate financing, or funding start-up IGAs, training and adapted coaching.

Specific supportive managerial instruments

Several supporting management tools were further refined in 2021:

Including an organisation-specific business plan template (two versions) that has already been presented, discussed, and approved by several reputable organisations, including the Belgian organisation 'Entrepreneurs for Entrepreneurs' as an adequate instrument for the conceptualisation, elaboration, and follow-up of IGAs.

A **standardised screening tool** based on a set of objective criteria and ratios that would allow new proposals from the regions for elaborating new IGAs to be evaluated in a more transparent well-founded way. For example, about the following ratios:

- economic viability
- profitability
- sustainability
- financial basis
- day-to-day management
- business risks
- market position
- Etc.

This also in the perspective of the dialogue with external partners.

Collaboration with the King Baudouin Foundation



Working together for a better society

At the beginning of 2021, the decision was taken within Fracarita International to enter into a formal collaboration with the King Baudouin Foundation (KBF) of Belgium, including targeted mutual consultation in the field of international (social) entrepreneurship as well as through the creation of two specific Funds that would be managed from within the KBF.

Within this framework, the “Brothers of Charity Start-Up Fund” was also set up with the specific intention of promoting (social) entrepreneurship within the Congregation. This in direct support of the local apostolic works and communities, by providing those small or medium social businesses with the necessary start-up capital. The support can take the form of a donation or a social loan. The local businesses supported by the Fund are assisted with coaching by the Fund, the Founder or by external experts. Beside this principal goal, the BOC Start-up Fund aims to encourage the local businesses in developing countries.

The launch of the operation of this fund was coupled with a subsequent internal communication campaign within the Congregation around social entrepreneurship, which was translated into a significant number of concrete social-business proposals from numerous regions. In accordance with the policy vision concerning the IGAs within the Congregation, a process was then started with each of the initiators of a particular IGA project, always starting from the concrete local proposals and the existing strengths or opportunities. This process started with the initial concept plan to end in a fully-fledged business plan through active and supportive coaching. This business plan formed the basis for the dialogue with the BOC Start-Up Fund and the decision for start-up financing.

In 2021, several concrete projects have already been launched in this way or were still in process:

- Tanzania: integrated construction project (classrooms + hostel)
- India: banana plantation and waste treatment
- Ethiopia: pharmacy, catering function and multifunctional hall
- Papua New Guinea: car garage (repairs)
- Tanzania: internet – café
- Rwanda: construction of hostel with VIP rooms
- Tanzania: chili-pepper cultivation
- Kenya: flour milling project
- DR Congo: construction of classrooms for (paid) private education

Strategic management



In line with the General Chapter, 2018 edition, the principle of **(strengthening) the financial self-sufficiency** of the regions is a defined priority for the Congregation in the concretization of its apostolic mission.

Strategic planning is a crucial method to reach this goal, spread over multiple years.

Fracarita International started in 2021 to reflect on and elaborate a training initiative in strategic management and planning, which should make it possible to take an important step forward before 2024 (but already from 2022).

In which the strategic planning competencies of the executive brothers (at regional and provincial level) will be strengthened, as a crucial lever to be able to sustainably and systematically direct and realize the proposed long-term objectives, in order to concretize the Mission.

Within the endeavour to make strategic planning an integrated method in the Congregation, there are at least three levels on which strategic planning should be concretized:

- the local level of the facility, institution, or service (concretized by the Brother-directors).
- the regional level (concretized by the Regional Superior).
- the provincial level (concretized by the Provincial Superior).

Finally, the provincial strategic plans are submitted (for approval) to the General Council. Consequently, the content of the training which will be developed in 2022 and the subsequent coaching or support provided by Fracarita International will obviously differ for each of these three levels. To be followed up and developed further.

INTERNATIONAL ADVOCACY

Bro. René Stockman, PhD

Chairman of Fracarita International

Superior General of the Congregation of the Brothers of Charity



“Envisioning a world in which every person lives with dignity, freedom, justice, equality, and peace and out of the shadows, Fracarita International believes that each one of us has a part to play in building respect for human rights and expanding human dignity based on Christian values and the Social Doctrine of the Church. The mechanism of International Advocacy provides Fracarita International with opportunities to make this visible at the international levels of the UN-system but also by organizing conferences and reflection programs.”

“Total ending of poverty is a utopian idea maybe that goes beyond human capabilities. Nevertheless, we cannot ignore that the poorest of the poor are people suffering of mental illness and that in extreme poverty conditions. We aim to tackle the underlying causes of poverty and social injustice to bring lasting change to the lives of poor and vulnerable people, leaving them better prepared to face the future. They need our support through inspired and professional care. To serve them but also by giving voice to them is the mission of the Congregation of the Brothers of Charity and this through Fracarita International.”

To achieve our mission, we need to adapt to a rapidly changing world. Fracarita International’s stewardship and technical expertise is therefore constantly guided by the people with whom we work across the world.

One of the most exciting developments in the past year is our new governance structure designed to promote efficiency, effectiveness, and greater diversity. We at Fracarita International would like to thank all our donors and partners who have provided the invaluable support that has enabled us to keep our commitments and deliver our mission.

UNITED NATIONS

As international NGO, Fracarita International aims to give a voice to the voiceless by advocating at international forums where social policy is shaped. Fracarita International is actively involved in specific councils and conferences at United Nations-level, especially in the field of mental health care:

Fracarita International has a special consultative status in the Economic and Social Council (ECOSOC) of the United Nations.

The organization is member of CoNGO (The Conference of NGOs in Consultative Relationship with the United Nations) and participates in the Committee on Mental Health.

Sustainable Development Goals

Fracarita International endorses the Sustainable Development Goals of the United Nations Sustainable Development Agenda 2015-2030 with a specific focus on the following goals:

- No poverty
- Good health
- Quality education
- Peace and justice
- Partnerships for the goals



Fracarita International, which has a consultative status at the Economic and Social Council (ECOSOC) of the United Nations (UN), called for continued attention to the campaign 'Breaking the Chains of Stigma in Mental Health' and to the campaign 'No Health without Mental Health.'

Fracarita International is in its work fully committed to the Sustainable Development Goals (SDGs) of the United Nations. By implementing a global and coordinated advocacy strategy, Fracarita International believes that we can multiply the scope of our impact beyond programme funding and technical support to influence the national and international policies that affect the lives of the poorest and most vulnerable communities around the world.

There is no health without mental health! The Lancet Commission on mental health was clear about this. There is more and more evidence that physical health can only be fully growing if mental health is provided.



Queen Mathilde is one of the 17 United Nations Sustainable Development Goals (SDGs) Advocates



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We are honoured and proud that the Kingdom of Belgium and especially our Majesty Queen Mathilde, is taking the lead for this on international level. She is Goodwill Ambassador for the United Nations Global Goals for Sustainable Development with a special focus on mental health and wellbeing and her concern to children and young vulnerable adults.

The congregation of the Brothers of Charity is working for more than 220 years in the field of mental health and therefore Fracarita International fully endorses the personal commitment that the Kingdom of Belgium is taking in the field of mental health. Prevention, treatment but above all understanding, listening, quality of professional care and inspired compassionate presence is the essence of good mental health care!

II. COUNTRY CONTRIBUTIONS

THREE AREAS, ONE OBJECTIVE: HUMAN DIGNITY

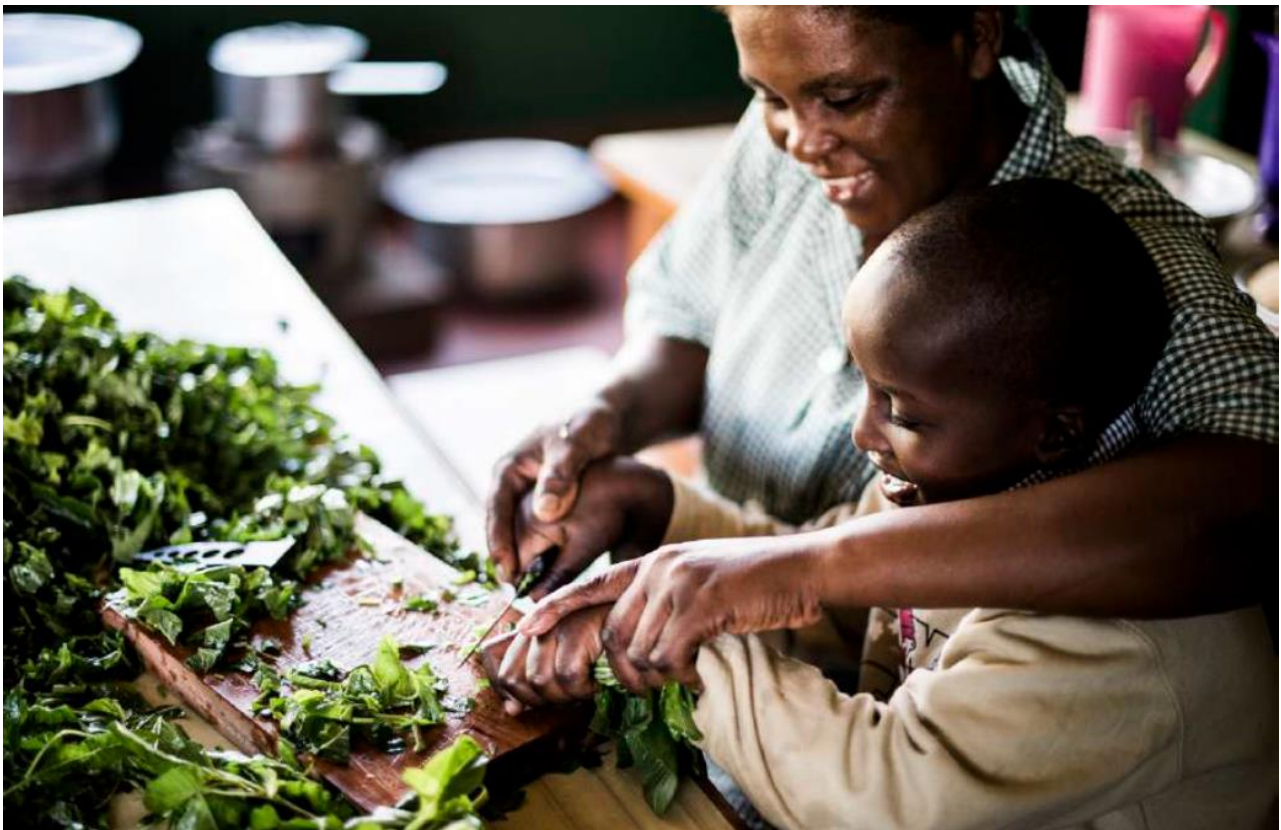


Fracarita International focuses on vulnerable children, youngsters, and adults in Africa, Asia, and Latin America who are confronted with three specific issues.

CARE FOR PERSONS WITH A DISABILITY

Care for persons with a physical, sensorial, motorial, mental, and social disability.

Fracarita International assists hundreds of children and adults with disabilities to gain greater independence by providing rehabilitation programmes and special needs education in 21 facilities in Sub-Saharan Africa, Asia, and Latin America. With a focus on their abilities instead of disabilities, they could improve their quality of life.



MENTAL HEALTH CARE

Psycho-social support, Psychiatric care, and Addiction care

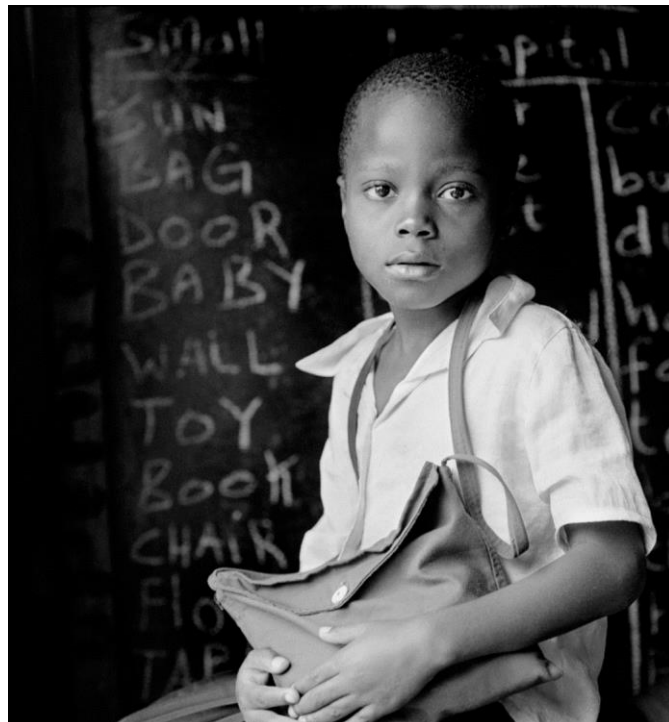
Fracarita International manages to restore the human dignity of thousands of men, women, and children by providing mental health care in 30 psychiatric facilities in Sub-Saharan Africa, Asia, and Latin America.



EDUCATION

Lack of education opportunities, pre-school, primary, secondary, and higher education, special education, vocational courses, etc.

By giving quality education to more than 13,000 vulnerable children and adolescents in forty-three schools in Sub-Saharan Africa, Asia, and Latin America, Fracarita International contributes to make education a dream- come-true for all.



AFRICA



BURUNDI



We are building the capacity of our staff to improve the quality of our services

Since	1979	
Coordination	Brother Emile Nibigira	
Brothers	13	
Co-workers/volunteers	248	
Total number of Direct Beneficiaries 2021	24 839	
SERVICES IN BURUNDI		Place
<ul style="list-style-type: none"> Mental health services 	<ol style="list-style-type: none"> Mental Health Care Centre St. Camille Neuropsychiatric Centre Kamenge Neuropsychiatric Centre Ngozi 	Gitega Bujumbura Ngozi
<ul style="list-style-type: none"> Care for people with disabilities 		
<ul style="list-style-type: none"> Education 		
<ul style="list-style-type: none"> Other 		

These three mental health centres are recognized by the Government of Burundi, but the recognition of the government does not include any support in funding of the projects.

THE NEUROPSYCHIATRIC CENTRE KAMENGE

The Neuropsychiatric Centre Kamenge (CNPK in short) is an institute of the Brothers of Charity that is located in Bujumbura, the capital city of Burundi. It officially started in 1982 following a collaboration agreement signed by the Congregation of the Brothers of Charity and the Government of Burundi on 20 November 1979.

The CNPK has the status of a non-profit association and is recognized and funded (payment of the staff's salaries) by the Government of Burundi.

In 2021, the centre conducted 15.294 neuropsychiatric consultations and 848 hospitalizations.

REMARKABLE IN 2021

Visit of a delegation from the SOS indigent - sick association

On 19 February, a delegation from the **SOS Indigent-Sick Association** visited the CNPK as part of the World Day of the Sick, which is celebrated on 11 February each year. The delegation led by Ms Christine Mbonyingingo brought to the patients of the CNPK a batch of food, kitchen utensils and detergents. In her speech, the representative of the association thanked the staff of the CNPK for their dedication to the promotion of mental health in Burundi.



The patients expressed their gratitude to the members of the association for sympathizing with them in their illness.



Visit of the Superior General of the Brothers of Charity, and Chairman of Fracarita International to CNPK

From 20 May till 28 May, Brother René Stockman, Superior General of the Brothers of Charity and Chairman of Fracarita International, visited CNPK.

This visit was marked by a guided tour in the different departments of the centre. This was an opportunity for him to see by himself the organization and the activities of the centre. It also gives him the chance to interact with the staff of CNPK.



Visit of the President of the Republic of Burundi to CNPK. A boon for indigent patients

On Monday 13 September, the President of the Republic of Burundi, His Excellency Mr. Evariste Ndayishimiye, visited the CNPK. This visit is part of a series of visits that the President of the Republic was making to show his support to the needy population through the different provinces of the country.



In his speech, H.E. the President of the Republic encouraged the entire Burundian population and particularly the state workers to work hard to contribute to sustainable development.

On this occasion, he disbursed a total sum of nine million Burundian Francs to cover the bills of ten indigent patients.



Presentation of certificates at the CNPK. A step towards the valorisation of knowledge

On Friday 20 November, the Neuropsychiatric Centre Kamenge, in collaboration with the organization '**Medics without Vacation (MSV)**', awarded certificates to four laureates at the end of a series of training courses in neurology that they followed over a period of two years. This training is part of a capacity building programme agreed on by the CNPK and MSV.



THE NEUROPSYCHIATRIC CENTRE NGOZI

The Neuropsychiatric Centre Ngozi (CNP-Ngozi) is located in the Burundi's northern province of Ngozi. It has a hospitalization capacity of twenty-four beds. In 2021, the centre conducted 4 121 neuropsychiatric consultations and 187 hospitalizations.

REMARKABLE IN 2021

An MSV's donation to the CNP-Ngozi

On 21 March, the organization '**Medics without Vacation (MSV)**' donated a car to the CNP-Ngozi to help carry out the mental health supervision in primary health centres. The ultimate aim of the supervision is to integrate mental health care in the primary health care in the future.

The Swiss Cooperation initiated this integration project. Its main goal is to bring mental health care to the beneficiaries without them having to travel long distances to psychiatric centres (CNPK, CSMG, CNP-NGOZI), except in referral and counter-referral cases.



Celebration of the World Mental Health Day

Instead of 10 October, Burundi celebrated the World Mental Health Day on 20 November. This week of solidarity was dedicated to people affected in their human dignity due to psychiatric disorders. The national celebration took place at the Gihofi hospital in the South-Eastern province of Rutana.



Awareness raising on mental health in Ngozi



On 10 October, the Ngozi Neuropsychiatric Centre (Ngozi NPC) celebrated the World Mental Health Day with a Radio programme to raise awareness of the Burundian population on mental health. The focus was the promotion of well-being with a multidisciplinary approach to prevent mental illness and the management of mental disorders based on community participation. The Radio programme was held on the Radio TV Buntu.

The CNP-Ngozi celebrated the event in its premises. The ceremonies started with a mass, which was attended by patients, the centre's caregivers and administrative staff, neighbours, local and provincial administrative officials. For this occasion, the neighbours donated food to hospitalized patients.



After mass, the Governor of the Ngozi Province visited the patients, and he donated food, lemonade, sugar, oil, and hygiene products. It was a day of great joy for the staff and the patients. Thereafter, the guests shared a fraternal meal with the patients. The event ended with an awareness session on mental health, which was animated by the centre's medical staff.



Visit of a delegation of the Swiss Cooperation to the CNP-Ngozi

On 24 March, a delegation of **the Swiss Cooperation** visited CNP-Ngozi. The delegation was composed of the Director of **the Swiss Cooperation**, His Excellency the Swiss Ambassador in Burundi, and other officials. This visit was part of a series of activities organized as a prelude to the implementation of the project, "Integration of mental health care in the health care system of Burundi."



A guided tour of the CNP-Ngozi's enabled the members of the delegation to see by themselves the functioning of the centre. The tour was guided by administrative and medical staff members of the centre.



CNP-Ngozi: Empowerment of former inpatients

The CNP-Ngozi organizes agropastoral activities to empower former inpatients in need to help them provide for their medication and so to reduce relapses linked to the non-compliance with the treatment.



Former inpatients are trained in modern agricultural techniques and in raising small livestock. The poorest are provided with seeds and piglets when these are available. If financially possible, the CNP-Ngozi is considering improving the breeding of goats and piglets to be able to assist a considerable number of former patients in need.

MENTAL HEALTH CARE CENTRE SAINT- CAMILLE GITEGA

The Mental Health Care Centre St.- Camille Gitega is a psychiatric centre with a hospitalization capacity of twenty-eight beds. It is located in the city of Gitega, in the Gitega Province, in the centre of Burundi at 100 km from Bujumbura. The centre conducted 5 414 neuropsychiatric consultations and 299 hospitalizations in 2021.

REMARKABLE IN 2021

Certification of newly trained EEG-technicians

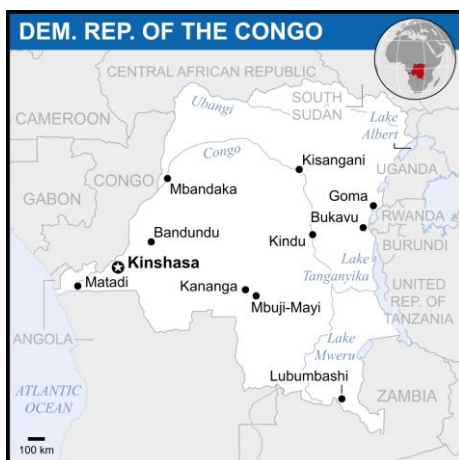
On 26 November, two staff members of the CSMG received a certificate 'Electroencephalogram (EEG) technician' after a series of training courses that took two years. The training was financed by **Medics without Vacation (MSV)**



This organisation also donated an EEG device to the centre at the certification ceremony. The machine will help the centre to improve the quality of care.



DR CONGO – EAST & CENTRAL AFRICAN REPUBLIC



Despite the COVID-19 crisis, we persisted in making steps forward in optimising our mental health and education services for the most vulnerable

Since	1994
Coordination	Brother Janvier Batumike Murhula
Brothers	90
Co-workers/volunteers	869
Total number of Direct Beneficiaries 2021	

SERVICES IN THE DEMOCRATIC REPUBLIC OF CONGO – EAST & THE CENTRAL AFRICAN REPUBLIC:		Place
<ul style="list-style-type: none"> Mental health services 	<ol style="list-style-type: none"> Neuropsychiatric Hospital of Goma Psychiatric Centre SOSAME /Bukavu Psychiatric Centre SOSAME/ Uvira Psychiatric Centre SOSAME/ Shabunda Simama Centre Centre for Psychosocial Counselling and Mental Health Care (CEPSSM) 	Goma Bukavu Uvira Shabunda Kisangani Bangui
<ul style="list-style-type: none"> Care for people with disabilities 	<ol style="list-style-type: none"> Centre for people with physical disabilities Shirika la Umoja 	Goma
<ul style="list-style-type: none"> Education 	<ol style="list-style-type: none"> School of Life Goma Technical Institute Maendeleo (ITM) Technical Institute Fundi Maendeleo (ITFM) School of Special Educational Needs Manzoto School of Special Educational Needs Rafiki 1 School of Special Educational Needs Rafiki 2 School of Sewing Charity School Complex 	Goma Goma Bukavu Kisangani Kisangani Kisangani Kisangani Goma

<ul style="list-style-type: none"> • Other 	<ol style="list-style-type: none"> 1. Social Service at Bangui prison 2. Community-based Psychosocial centre Nzibira 3. Community-based Psychosocial centre Mwenga 4. Community-based Psychosocial centre Nyangezi 5. Community-based Psychosocial centre Nyantende 	<p>Bangui/Bimbo Walungu Mwenga Walungu Kabare</p>
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REMARKABLE IN 2021

World Mental Health Day at the SOSAME – Bukavu



On 10 October, the 'Psychiatric Centre Sosame – Bukavu' joined the international community to celebrate World Mental Health Day. This day provided us with an opportunity to re-ignite our efforts to protect and improve mental health. In this occasion the centre used the opportunity to reflect together with the local population on the 2021 main theme, 'Mental health care for all: let's make it a reality' and to raise the awareness on the problem of mental health in general.

A mobile clinic for the South-Kivu Province



In 2021, the Psychiatric Centre Sosame – Bukavu started to organize a mobile clinic in the most remote areas of the DR Congo's South-Kivu Province, where armed gangs still rule after more than two decades of armed conflicts. The aim is to provide mental health care and psychosocial support to people who have been victims of massacres, rape, and violence against women, looting, deprivation of livelihoods, poverty, and difficult socio-economic conditions, etc. In this framework, psychiatric consultations are offered. This means they prescribe medication as well as recommend other forms of treatment. They also offer psychological consultations as well as mass sensitization on mental health care. Critical cases are referred to the Sosame Centre -Bukavu. This initiative is a relief for the victims. Since the mobile clinic is operational, psychosocial support and care for survivors of violence and massacres have improved the status of women and the mental health of individuals and communities. The centre conducts one mobile clinic per quarter and consults an average of 150 people during each 3-day mobile clinic's visit.

Support to stabilised mentally ill patients

The mission of the 'Psychiatric Centre Sosame – Bukavu' is not only to treat patients, but also to prepare those who are already stabilized for their socio-economic reintegration into society. The centre offers each stabilized patient **an income-generating activity** according to her/his specific needs.



New infrastructure at Sosame



On 14 October, Brother René Stockman, Superior General of the Brothers of Charity and Chairman of Fracarita International, and Ms Denise Lüthi Crisan, Head of **the Swiss Cooperation**, opened a new administrative block and an observation ward at the Psychiatric Centre Sosame in Bukavu.

Recently, mobile teams have started to regularly visit health centres in South Kivu to provide psychiatric consultations.

At the same time, the departments in Shabunda and Uvira are further supported from Bukavu. In Uvira they hope to continue psychiatric care in a totally new setting soon.

New classrooms in Goma

On 20 October, in DR Congo, a new wing of the Charity School Complex was opened in Goma.



This school with a nursery- and a primary section was started in existing buildings in 2018 as a response to an urgent need for quality education in Goma.

The school is close to Saint Vincent de Paul Psychiatric Centre and the School of Life, a day centre for children with mental disabilities.

Given the unexpected success of this school, an extension was sought and, thanks to the support of **the Committee of Friends of the Brothers of Charity**, three new classrooms with appropriate sanitary facilities could be built.

At a time when the teachers at the conventional schools have been on strike for a month due to many irregularities in education in Congo, only private schools continue to provide quality education. In a conversation with the representative of the parents' committee, the question was officially raised to also start secondary education. This will be a project for the near future.

2021: year of the fight against COVID as well as opportunities



Also, for the Central African Republic, in particular for the CEPSSM (Centre for Psychosocial Counselling and Mental health Care) with a special focus on children with PTSD (Post Traumatic Stress Syndrome), 2021 was a year largely determined by the fight against the COVID-19 virus. And this still in a societal context and a traumatized population where the need for professional mental health care from a community-based approach – as offered by the CEPSSM - is extremely high and a humanitarian necessity. This additional new crisis made the lack of adequate

professional mental health services, if possible, even more apparent. This was also strongly felt within the functioning of the CEPSSM, all the more so due to the almost complete absence of any government support and the very limited possibilities of generating its own income (in a country that is among the poorest and most insecure in the world) and therefore remaining almost entirely dependent on external international support. In which the German partners “Kindermissionswerk” and “Missio Aachen” are the key partners. At the same time, the CEPSSM management and the project coach used this period in 2021 for several realizations:



- the drafting of a **substantiated, ambitious, and future-oriented strategic plan 2022-2024** that was thoroughly discussed with the major funding external partners. In which the further deepening of CEPSSM's psycho-medical-social services, the broadening and anchoring of the internal team expertise and the significant expansion of the geographical region served are the main cornerstones and ambitions.
- Further **optimising** of:
 - a more systematic application of the "outreaching" principle within the community-based approach.
 - the in-depth organisation of "mobile clinics.
 - the intensified organisation & follow-up of "home visits" (VAD).
- More systematically **organise and intensify**:
 - awareness-raising sessions on PTSD and its consequences.
 - conferences on mental health and its consequences in the broader society.
 - radio and TV broadcasts on psychotrauma, addiction and other mental illnesses.



- targeted psycho-education sessions for specific and diverse target groups (both children in schools and adults).
- training sessions for teachers and other socially relevant target groups on screening children with PTSD.
- training sessions for in-house CEPSSM staff and community support workers on psychotrauma, psychological first aid and listening and counselling techniques.
- training sessions for psychosocial assistants on the evidence-based psychotherapeutic “EMDR” therapy for PTSD; o psycho-educational sessions and interactive activities for psychologically traumatized children.

The realization of these ambitions, in line with and anticipating the implementation of the 2022-2024 strategic plan adopted at the end of 2021, translated into a systematic increase in patients and psycho-medical acts performed (intramural and extramural).



Which made 2021, despite the COVID-19 crisis, still a particularly intensive year.

R.D. CONGO (OUEST)



Mental health care, care for people with disabilities and education for a vulnerable but resilient population.

Since	1911	
Coordination	Brother Paulin Kindambu	
Brothers	63	
Co-workers/volunteers		
Total number of Direct Beneficiaries 2021		
SERVICES IN THE SOUTHWESTREN DR CONGO		Place
<ul style="list-style-type: none"> Mental health services 	<ol style="list-style-type: none"> Jukayi, Mental Health Department Peter Joseph Triest Neuro-Psychiatric Centre Dr. Joseph Guislain Neuro-Psychiatric Centre Shabunda Psychiatric Centre Nioki Centre Elikya, department Mental Health Peter Joseph Triest Neuro-Psychiatric Centre 	Kananga Lusanga Kikwit Lubumbashi Shabunda Nioki Kikwit
<ul style="list-style-type: none"> Care for people with disabilities 	<ol style="list-style-type: none"> Jukayi Rehabilitation and Physical Disability Centre (CRHPJ) Rehabilitation Centre for the Physically Handicapped (CRHP) Elikya Simama Centre 	Kananga Kinshasa Nioki Kisangani
<ul style="list-style-type: none"> Education 	<ol style="list-style-type: none"> Ditekemena Primary School Kintu Kimune Primary School Bumune Institute Dinanga Institute Kifulo Professional Institute (IPRO) 	Lusambo Lusambo Kabinda Lusambo Kabinda

	6. Professional Technical Institute (ITP)	Lusambo
• Other		

REMARKABLE IN 2021



The functioning of schools was slowed down in 2021 following the Covid-19 pandemic. All our educational works are concerned by the system of free basic education introduced by the government of the country since 2020, which is necessary to give access to basic education to all young people and children from poor families. But this system has not yet facilitated the functioning of the institutions due to the lack of operating costs and maintenance of the infrastructure of the schools, which until now have depended on the congregation. Some schools are in an advanced state of dilapidation, such as the primary school and the Bumune Institute in Kabinda. The main concerns for our educational works are the operating costs and the renovation or maintenance of the infrastructure. It is also necessary to mention the current system of operation of the schools under agreement by the diocesan coordination, which does not respect the agreement regarding the management of teaching staff to be hired or assigned to our schools. The present system of conventional management has also diminished discipline and quality in the schools, although the Brothers are doing everything to maintain quality. However, the good thing is that the Brothers who work in education have the facility of being matriculated by the state.

In 2021, our schools have all done well in the state exams for the 2020-2021 edition. Our schools also has the problem of lack of didactic materials for the practice of the students. Examples: lab materials for science and agronomy students at the Bumune Institute, materials for practical workshops at the Professional Technical Institute (IPRO) of Kabinda and the Professional Technical Institute of Lusambo (ITP).

Statistics 2021: *Average number of students per school: EP Kabinda 1400 students; EP. Lusambo: 1100 students; ITP Lusambo: 700 students; IPRO Kabinda: 400 students; Institute Bumune Kabinda: 1000 students; Institute Dinanga Lusambo: 700 students.*



The NDA region's objective for our apostolic works in 2021 was: revitalize the visibility of the charism of love and establish prophetic and sustainable management in all our apostolic works.

It is also necessary to cultivate the mentality of a management that takes into account the sustainability of the apostolic institution as a moral person.

All of our apostolic works struggled to make it through the year 2021 because of the COVID-19 pandemic, but with the dedication of the brothers and staff, they all endured.



Some other achievements: at the Lubumbashi centre, the staff had enjoyed mental health capacity building training supported by UCB and the construction of a ward for private patients. At the Nioki centre, a mental health nurse was trained for 3 months at the Kikwit neuropsychiatric centre. The Kikwit neuropsychiatric centre built an incinerator with the support of the Superior General.

It should be noted that all health centres suffered in their functioning due to the impact of the COVID-19 pandemic, which caused staff to receive their salaries late in that year. It should also be mentioned the shortage of medicines ordered in Belgium and the temporary suspension of Fratcarita Belgium's assistance in the operation of the Jukayi and Kikwit centre, which supported doctor and administrative operations.

The Lubumbashi centre used **the UCB grant** to send two more doctors for specialization to Senegal, bringing the number of doctors to four.

Celebration of the International Day of persons with Disabilities at the CRHP-Kinshasa



On 4 December, the Rehabilitation centre for persons with disabilities (CRHP) celebrated the international Day of Persons with Disabilities that falls on 3 December each year. This year, the theme was 'Leadership and participation of persons with disabilities toward an inclusive, accessible, and sustainable post-Covid-19 world'.

During the festivities, the centre's leaders explained the meaning of disability and called on the government to guarantee equality and integration of people living with disabilities into society so that they can achieve their full potential.



ETHIOPIA



Our youth service aims to change step by step the life of young people from their miserable conditions to a stage of hope, happiness, and peace

Since	2011	
Coordination	Brother Gilbert Kilasa	
Brothers	21	
Co-workers/volunteers	94	
Total number of Direct Beneficiaries 2021	23 728	
SERVICES IN ETHIOPIA		Place
• Mental health services	1. Abobo Health Project 2. Gute Abakuna, Getema	Abobo Nekemte
• Care for people with disabilities	1. Day Care Centre for children with Intellectual Disability 2. Hidden Treasure Day Centre (HTDC)	Yirgachaffe Addis Abeba
• Education		
• Other		

REMARKABLE IN 2021

The Abobo Health Project



The Brothers of Charity became fully responsible for the management of the Abobo Health Project in 2020. They are supported by previous volunteers, the Catholic Church, and the Ethiopian government. The project has two components, namely health care centre and youth service.

Health care related highlights in 2021:

- The centre consulted 23 533 patients (direct beneficiaries) living in the Abobo Wareda (district). This district is part of the Anywa zone and the Gambela town where 200 000 people are living.
- The Health Centre management was well in place.
- All buildings and properties are well maintained and in good status. The existing deep well is functioning so that safe water is supplied.
- The curative services are efficiently provided. This is attracting a high number of patients also from the surrounding area.
- The regular and constant provision of these services including laboratory and drug supply make the health centre a trusted referral place for people from everywhere in the region.
- Specific programmes like Malaria, TB, Leprosy and HIV (curative and preventive aspects) are well performed and are focusing on people's needs.
- **A capacity building programme** is going on from the very beginning of the project with constant financial support for training in the health care as well as in supportive sectors (administrative, maintenance, technical). Every year, some employees are chosen to join upgrading training courses, under specific contracts.
- The health centre remains a referral structure for many private sector investors working in the area and employing a high number of labourers from other regions of the country.
- The Expanded Programme for Immunization (EPI) and the First Antenatal Care Programme (ANC) services are regularly provided, Health education daily given and HIV preventive and supporting activities daily performed.
- Pre ART (Antiretroviral Therapy) and ART programmes are done daily. HIV positive adults and children daily receive nutritional support.
- A specific programme for severe and moderate malnutrition is in place and regularly supervised by a competent body.

- Covid-19 preventive measures are based on the guidelines of the WHO and by the Ethiopian government.
- Also in 2021, a 'Mother's waiting home' was built and opened with the aim of promoting safe birth and minimizing mother and child mortality.

Major challenges encountered in 2021:

- Unexpected prices' increase for needed medical supplies.
- Overwork at OPD (Out-patients unit) level as people from many places (for example: the areas of Lunga and Pynudo) other than the Abobo area came to the centre in search of quality health service.
- Irregular and very poor EPSA (Ethiopia Public Supply Agency) service at regional level, which often causes disruption of stock of many basic drugs.
- Frequent electricity cut-offs which increased the use of gas oil to prevent damage to stored drugs and to maintain services in the laboratory.



Youth service-related activities in 2021

The youth service aims to change step by step the life of young people from their miserable conditions to a stage of hope, happiness, and peace. To achieve this goal, the Brothers of Charity provides library access, computer training, English language courses and social behavioural skills training. In 2021, an IT technician, a librarian, a social worker, an English teacher, and a programme monitor participated in following programme activities:

- **Library**

The Gambela region is one of the poorly developed regions in Ethiopia. The education is poor and has no access to educational materials. As a result, many young people complete their secondary schools without having proper knowledge and reading skills. The Brothers of Charity believe that the provision of educational materials and of the space can help the youth improve their knowledge and so be qualified for higher education.

- **Computer training**

Nowadays, young people are expected to have technological skills to fit in the dynamic world they live in. However, due to the economic conditions in Abobo area and Gambela region in general, many of them have no access to the digital technology. The Brothers of Charity provide them with basic computer skill trainings.

- **English language**

Although English is Ethiopia's first foreign language used in administration and education, many young and adult people from Abobo are not able to read and write English. The Brothers of Charity provide them with English tutorial class free of charge to boost their school performance.

- **Sport and other recreational activities**

Underprivileged young people are most vulnerable in the community. They are exposed to any threat. Most of them embrace anti-social behaviours such criminal activities, drugs' abuse, robbery addiction and sexual activities. As consequences, some of them end up in prison, others get depression, HIV, or other sexually transmitted infections. The Brothers of Charity initiated this service to bring the youth together to foster their intercultural interaction, their physical, social, emotional well-being and to change their attitudes and so to bring peace among them. They believe that sport and other recreational activities will help the youth of Abobo discover their talents and contribute positively to the World.

THE STORY OF BADELU: FROM LONELINESS TO TOGETHERNESS



Badelu is an 18-year-old young man suffering from down syndrome. He is living in Qonga Kebel near Yirgachaffe with his mother and his young sister. His father died a few years ago.

Badelu likes to come to our Day Care Centre for children with Intellectual Disability (DCCCID) in Yirgachaffe. Despite the location of this centre is far away from his home, his life has improved a lot since the first day (in 2019) he visited the centre. He loves the spirit of the centre, much more than his own home. He is often left alone while his mother and his sister are working in the field or went to

sell some field's products at the local market.

At the centre, he experiences togetherness and feels equal to other children and young people who also come there. He always makes sure to attend all activities of the centre, even if he is challenged by a Bajaj (a three-wheeler motorcycle) or other means of transportation.

One day, he was lost because a Bajaj driver had dropped him off far from our centre. Everyone was worried when he did not show up. After a search, he was found alive and well two weeks later in Wonago, 35 km from Yirgachaffe. How delighted Badelu was to return to the centre after this incident, where he was again warmly welcomed by everyone.



IVORY COAST



Our mental health care programmes aim at restoring patients' human dignity

Since	02/01/2003	
Coordination	Brother Félicien Ngendahimana	
Brothers	3	
Co-workers/volunteers	30	
Total number of Direct Beneficiaries 2021	3 526 consultations 174 hospitalizations	
SERVICES IN IVORY COAST		Place
• Mental health services	Psychiatric Centre Saint Vincent de Paul	Yamoussoukro
• Care for people with disabilities		
• Education		
• Other		

The Psychiatric centre Vincent de Paul (MSP) started its health care activities on 2 January 2003 in Yamoussoukro, the capital city of the Ivory Coast, in West Africa. Its mission is providing care and treatment of patients with chronic and acute mental disorders and drug addiction. Particular attention is paid to those who are homeless or abandoned and without support from their families.



The hospitalization capacity of MSP is thirty-two beds for acute inpatients and twelve beds for drug addicted.

In 2021, the MSP conducted 3 526 consultations and 174 hospitalizations.

The MSP is recognized and financed by the Ivorian government. The contribution of the latter was 36.69% of the MSP's annual budget in 2021, whereas the Yamoussoukro Autonomous District contributed with 2.90% to the same budget.

Occupational therapy activities



This year the patients of the Saint Vincent de Paul in Yamoussoukro enjoyed occupational therapy activities. They have conducted farming activities and raised chickens. Such activities give them a good mood and the feeling of being useful. They strengthen their self-confidence and their motivation to undertake agropastoral projects when they will be released from hospital. For them, nothing is more magical than caring for the nature around us through tiny creatures like chicks.

REMARKABLE IN 2021

A CASE OF A 42-YEAR-OLD DRUG-ADDICTED MAN THERAPEUTIC AND MOTIVATIONAL SUPPORT FOR SOCIAL REINTEGRATION

On 13 September, a 42-year-old drug-addicted man reported to the MSP for treatment. Because he is struggling with an addiction to drugs and their hallucinatory effects prevented him from leading a normal life. His behaviour had alienated him from his family. His wife even threatened to leave him and take their daughter away. Faced with this situation, he decided to start a treatment programme. The hospital's therapeutic team held motivational talks with him, focusing on taking responsibility for his family and his daughter's future. He also watched videos on assertiveness, which helped him understand the urgent need to take control of his life. This motivated him more and more so that he came up with the idea of proposing an **Income-Generating Activity** to the therapy team for his professional integration. He gladly accepted the hospital's offer to help on the agropastoral farm. This supported him in choosing to give up his former lifestyle. He participated in the hospital's care activities, such as cutting hair, helping to give showers, etc. He also motivated patients to reintegrate into society once they left the hospital. Furthermore, he also participated in psycho-educational sessions, associative activities, games, etc. This brought him closer to the other patients. He was discharged from hospital on 18 October after the therapeutic team gave a positive assessment of the progress he had made during his hospitalization. Everyone was proud of him. He returned home with the idea of starting an agropastoral business. His family promised to support his project financially and to put it under the supervision of the hospital's social team. He regularly attends his appointments with the therapeutic team. He is firmly resolved to never again fall into drug addiction and to fulfil his responsibilities as a husband and a father.

THE CASE OF MR KL: RESTORED IN HUMAN DIGNITY

On 17 December 2019, a 38-year-old man, named Mr KL, was spotted near the MSP in Yamoussoukro. He was wandering around aimlessly. He was in an advanced state of physical instability, full of mud, torn clothes and unable to communicate. One of our hospital staff approached him and brought him to our hospital, where he was immediately taken care of by a multidisciplinary team. His hair was cut, and he was given bath and clothes. This gave him a more human, cleanliness and pleasant appearance. He was also given a meal to regain his strength and allowed to rest. The diagnosis later revealed that Mr KL was schizophrenic, for which he received appropriate medical treatment. In the days that followed, he showed marked improvement.

This allowed him to be integrated into the hospital community and participate in both individual and group activities.



This tri-therapy (medication, activities, and social integration) proved to be effective as much progress was observed. Meanwhile, the hospital's social services department had started searching for Mr KL's family in the city of Yamoussoukro and its suburbs. It turned out that he was from Ouagadougou, the capital of Burkina Faso, a neighbouring country of Côte d'Ivoire. Based on this information, the hospital's medical, paramedical, and post-hospital care teams launched a series of actions to help him reunite with his family. On 10 June 2021, Mr KL left the hospital after a stay of almost 1 year and 7 months and joined the Burkinabe community in Yamoussoukro. He then travelled by road to his home country. Social Services later announced that Mr KL arrived safely home in Ouagadougou and was reunited with his family. He has truly been restored to his human dignity.

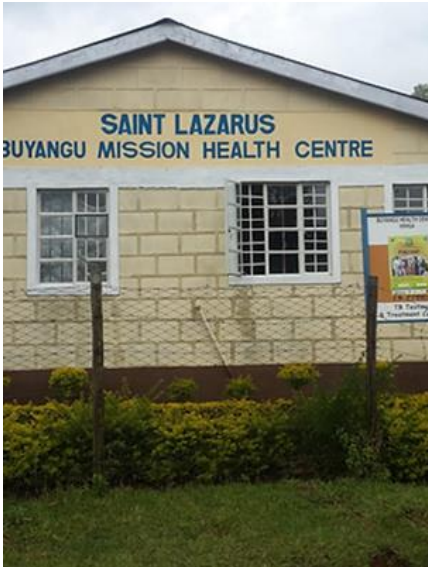
KENYA



In all circumstances, our services are primarily oriented to the least of the human beings

Since	2016	
Coordination	Brother Patrick Maloba Wanzala	
Brothers	4	
Co-workers/volunteers	12	
Total number of Direct Beneficiaries 2021	10 109 consultations 113 hospitalisations	
SERVICES IN KENYA		Place
• Mental health services	St. Lazarus Buyangu Mission Health Centre	Kakamega
• Care for people with disabilities		
• Education		
• Other		

SAINT-LAZARUS BUYANGU MISSION HEALTH CENTRE



The Saint-Lazarus Buyangu Mission Health Centre is located in the county of Kakamega in western Kenya. Kenya is a country in East Africa with coastline on the Indian Ocean. The health facility was registered and gazetted in 1977 as owned by the Catholic diocese of Kakamega. It was officially handed over to the Congregation of the Brothers of Charity on 21 April 2016. The Brothers, under supervision of Fracarita International, are doing all their best to integrate the services which were offered (i.e., laboratory, maternity, mother child health) together with the mental health care.

In 2021, 25 beds (6 for the paediatric service, 10 for female and 9 for male) served the inpatient services. However, the total hospitalization capacity of the centre is fifty beds.

REMARKABLE IN 2021

Beyond the expectations

Moving through COVID-19 reality, the Saint-Lazarus Buyangu Mission Health Centre remained focused, and service oriented to the least of our Brothers and Sisters. We are happy to note that though COVID-19 surge went up and down, none of our staff got it. 2021 was so unique in itself: a substantial number of clients were served in the facility. This usually has a total target of six thousand people yearly, but in 2021 the number of clients went up to 10,109! Way above what is expected. There were also 113 hospitalizations.



In 2021, the facility was offering up their site to be used as a COVID-19 vaccination centre. But this vaccination met a lot of resistance from the majority of people in the country and, indeed, in the Kakamega area too. There were some negative rumours circulating about the vaccines. Consequently, low turnout for it. The facility managed to give fully vaccination to only fifty-three people, despite its vaccination awareness campaigns.

THE STORY OF PROTECTING THE LIFE OF AN INNOCENT BABY



2021 brought St Lazarus Buyangu Mission Health Centre into the media, in that on 21 April, we received a 16-year-old girl, who was pregnant and about to give birth. We cared for her, and she gave birth to a healthy boy. Ideally, we should monitor these mothers for at least 24 hours before discharging them. This girl had nothing to wrap the baby in. We had to provide her with some baby clothes, nappies, wrapping cloths and sanitary towels for herself. We wondered why her mother (the caregiver) did not come back after the admission to pick up her daughter. We came to know that the girl (underage) was pregnant by her biological father! This is a bad omen for the family and that is why they wanted to kill the baby! We refused to do so! This was not well received by the family. They tried to force their way in the facility to access the baby, but we could not allow it. We had to seek for police protection. Thanks to the local government, the police quickly came to our rescue and started a process to take the baby to a child protection home, one of the government agencies. We protected the girl for three days and nights in the facility until the trial was completed. The child was taken to a home, and the girl stayed with us for at least a month so that she had time to resume her studies. The media was all over the facility, especially on the day the baby was taken away by the authorities! But the positive was that the Brothers of Charity protected the innocent baby's life. As a result, they were showered with high praise in the area. This, in itself, increased the number of clients to our facility and many visitors, including the governor of Kakamega. We also received some hospital supplies and about seven hundred mosquito nets.

RWANDA



We are doing everything we can to break the chains of stigma that mentally ill people are victims of

Since	1929	
Coordination	Brother Charles Nkubili	
Brothers	29	
Co-workers/volunteers	632	
Total number of Direct Beneficiaries 2021		
SERVICES IN RWANDA		Place
• Mental health services	1. Neuropsychiatric Hospital Caraes Ndera 2. Psychotherapeutic Centre Icyizere 3. Psychiatric Centre Caraes Butare	Gasabo Kicukiro Huye
• Care for people with disabilities	1. HVP- Humura (Day Centre) 2. Home of the Virgin of the Poor (HVP) 3. Gatagara/Gikondo (Special education) 4. HVP Gatagara/Nyanza (Orthopaedic and rehabilitation centre) 5. RBC Ruhango (Special education)	Gasabo Kicukiro Nyanza Ruhango
• Education	1. HVP Gatagara School Group 2. HVP Gatagara TVET School 3. School for the blind and visual impaired 4. School for Mentally Challenged 5. Children/Gikondo 6. Gatagara School Group 7. Charity Preschool Mum Andrea	Nyanza Nyanza Rwamagana Kicukiro Huye Gasabo
• Other	1. Formation centre Twizere (noviciate)	Gasabo

REMARKABLE IN 2021

Capacity building at Caraes Ndera

The Cares Ndera Neuro-Psychiatric Hospital organized or co-organised in 2021 a series of trainings for its health care professionals. The aim was to maintain, develop or increase their knowledge, skills, professional performance and to guarantee high quality health services delivery.

The below learning themes and topics run through our services we offer:

- Substance misuse and addictions management
- Mental Health, Epilepsy, and HIV
- Neurological/psychiatric emergencies conditions, basic life support (BLS) and Cardiopulmonary Resuscitation (CPR) techniques
- Neuropsychiatric disorders and common comorbidities (HIV, Hepatitis, Diabetes)
- Management of neuropsychiatric disorders and common comorbidities (HIV, Hepatitis, Diabetes)
- Forensic psychiatry.



Caraes Ndera: Number of direct beneficiaries in 2021



The CARAES Ndera Neuropsychiatric Hospital is recognized and subsidized by the government of Rwanda. It conducted 77 845 patients in 2021.

Celebration of the World Mental Health Day 2021

The CARAES Ndera Neuropsychiatric Hospital joined the rest of the world to celebrate the World Mental Health Day, which annually takes place on 10 October. At this occasion, the hospital organized a conference with the aim to raise awareness about the importance of mental health in our everyday lives.



The exhibition was an organized presentation of their activities, with each department head representing their ward and explaining their services to the many visitors.

TESTIMONY OF A FORMER PSYCHIATRIC PATIENT



Mr. Claver Haragirimana was one of the main speakers at the celebration ceremony of the World Mental Health Day at Caraes Ndera in 2021. He is now Director of OPROMAMER, a local NGO founded in 2012 by former service users to advocate for the rights of current and former mental health patients in Rwanda. In his speech, he declared that many people still do not believe that someone can be cured of a psychiatric illness. He then argued against this kind of prejudices by pointing out that he himself was a living example of a recovery in a psychiatric setting. He went on to say: "I'm now a council member of the Ndera sector (an administrative unit in Rwanda). I have always proven that I'm

able to do my job like other people, despite having had a mental illness in the past." He promised to continue to advocate for mental health patients and ex-service users.

Here are some reactions to Mr. Haragirimana's message:

The Director General of Neuropsychiatric Hospital CARAES Ndera, Bro. Charles Nkubili, said: "This testimony emphasizes that the services provided by the hospital have positive outcome and that it must continue its mission... It is important that we show everyone that we are not here to waste people's time, we are not here to inject the so called 'Igishinge' (big syringes), we are here to treat patients."

The Fracarita International's Chairman and Superior General of the Brothers of Charity, Bro. René Stockman, guest of honour at the event, said: "In many countries, psychiatric patients are still discriminated. It is really important to do everything we can do to break the chains of stigma, discrimination, and restore their human dignity."

SOUTH AFRICA



Our mental health care, our care for people with a disability and our education focus on the most vulnerable people

Since	1929	
Coordination	Brother Jean Mbeshi Mudende	
Brothers	9	
Co-workers/volunteers	250	
Total number of Direct Beneficiaries 2021	1675	
SERVICES IN SOUTH AFRICA		Place
• Mental health services	1.Thandanani Centre	Johannesburg
• Care for people with disabilities	1.Triest Training Centre	Klerksdorp
• Education	1. Flamboyant special School 2. Pax Hostel 3. Pax College 4. Pax Skills Development Centre 5. Paxana	Mazabuka (Zambia) Polokwane Polokwane Polokwane Polokwane
• Other		

The Southern Africa Region of the Brothers of Charity covers South Africa and Zambia. All their services are recognized by governments, but few are subsidized by them.

REMARKABLE IN 2021

Zambia: The Brothers of Charity on the road to new partnerships



From 7 till 12 December, the Superior General of the Brothers of Charity and Chairman of Fracarita International visited Zambia (Lusaka, Mazabuka and Choma). On 8 December, a visit was paid to Saint Mawaggali Trades Training Institute in Choma, Diocese of Monze. The institute has more than six hundred students. The purpose of the visit was to meet the apostolic administrator of the Diocese of Monze and sign the Memorandum of Understanding between the Diocese of Monze and the Brothers of Charity for the management of the school. The visit went very well. The institute's director led the tour and explained the history of the institute, its current management, and programmes.



The school's workshops have new equipment for the different sections.



The courses offered are:

- **certificates in** automotive mechanics, automotive electricity, electrical engineering, mechanical assembly, carpentry and joinery, masonry and plastering, metal fabrication, advanced computer studies, hotel and catering, advanced machining, building and construction, paralegal,
- **diplomas in:** Human Resource Management and Social Work.

This is an opportunity to young people who did not get chance to continue university studies to learn skills that will help them to make their lives and to serve their families and countries. Young people are the future of the nations.



On 9 December, a visit was paid to the Flamboyant Special School. It is a special school for children living with different disabilities. The number grows and reaches now ninety. The Brothers of Charity are in charge of the school management since 2009. They always try to serve and to witness the dignity of every human being, even those who are vulnerable and those who are abandoned in the society.



On 11 December, it was a visit to the mission hospital in Chirundu, on the border with Zimbabwe (Mtendere Mission Hospital). The hospital belongs to the Diocese of Monze and is run by the Sisters of Charity of Saints Bartolomea Capitanio and Vincenza Gerosa (from Milan, Italy). The visit followed a request from the sisters to collaborate with the Brothers of Charity in the management of the hospital and in the provision of mental health services. Collaboration and partnership with other partners in the mission is a priority for the Brothers of Charity.



South Africa: Thandanani Centre's responses regarding COVID-19

South Africa is among the African Countries which have recorded till today high numbers of COVID-19 cases. In order to create a protective and safe environment for its residents and its staff, Thandanani Centre implemented adequate responses in June 2021.

Here are the responses decided through teamwork (the director, the staff, and the residents...) and implemented in the facility:

- All four houses (workshops and residence) were quarantined (workshop was closed) with designated outside areas for each house to spend some time outside for fresh air,
- One house had more than one COVID-19 case and the whole house was placed in quarantine (with the sick placed together),
- Those without any symptoms were advised to keep distance from those showing symptoms
- All residential houses, staffroom, clinic, office, workshops, kitchen, and dining area were disinfected,
- Windows open at all times during the day for ventilation,
- Anyone who showed flu-like symptoms was immediately isolated and given 5-day flu pack and antibiotics for chest infections,
- All resident oxygen levels were monitored (we hired 6 12L oxygen cans and had an oxygen Sats meter),
- All patients who had breathing problems were sent straight to Helen Joseph casualty facility,
- Meals were prepared by all staff and delivered outside each house (we used covered disposable plates),
- Staff held meetings with the residents outside their houses to maintain social distancing. Staff were allocated to four houses and dropped off activity packs to keep them busy,
- A Clinic nurse paid daily morning visits for medication and temperature checks.

The staff educated the residents on the virus and the importance of adhering to the new protocols. Everyone was on board, working together to fight the virus and ensure that we did not experience any more deaths (we lost two residents due to COVID-19).



Thandanani Centre was founded by the Brothers of Charity in 2001 to provide mental health care. It is now registered and functions as a Non-Profit Organization (NPO). It has residential and day facilities for persons living with severe psychiatric disorders. The Centre has a capacity of up to sixty residents and offers to clients a structured, supportive environment and helps them to live as autonomous as possible. They share their skills and learn other new ones which includes domestic, social, professional, etc. with a community reintegration plan.



Furthermore, the Centre raises awareness and advocacy in the community and in the society in general. In South Africa, stigmatization is still a reality and that is why the Centre is very important and needs the support of everyone.

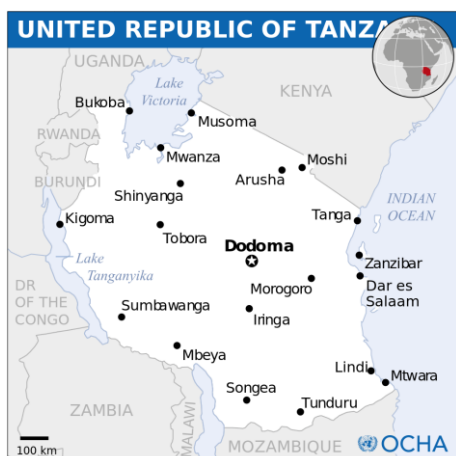
The Centre organizes different activities for the residents, they fully participate in those activities and take even responsibility. Besides the occupational therapy, other workshops and psychosocial activities, the residents prepare their own food time to time and share in conviviality. The residents witness their joy as they are respected and support each other in their daily activities. The Brothers of Charity and their co-workers seek all the time the quality of life of the residents.

Pax College



Pax College, located in Polokwane, is an academic institution founded on 20 September 1928 by the Brothers of Charity. The Brothers are responsible for the boarding school (primary and secondary). By creating a good environment and a beautiful space, they strive to offer sound education in human, spiritual and professional fields. The school now has more than eight hundred students and is among the schools very well known in the country for the holistic quality of education.

TANZANIA



We are taking action to make our services self-sustainable

Since	1994	
Coordination	Brother Chrisantus Chrisostom Rwehikiza	
Brothers	45	
Co-workers/volunteers	156	
Total number of Direct Beneficiaries 2021	9 658	
SERVICES IN TANZANIA:		Place
<ul style="list-style-type: none"> Mental health services 	<ol style="list-style-type: none"> Saint Cornelius Mental Health Centre Marumba Réhabilitation Health Centre 	Kasaka Kasulu
<ul style="list-style-type: none"> Care for people with disabilities 	<ol style="list-style-type: none"> Rumonge Deaf Cooperative Centre Bangwe Sheltered Home Mount Tabor Day Care Centre Triest Day Care Centre 	Kigoma Kigoma Tabora Shinyanga
<ul style="list-style-type: none"> Education 	<ol style="list-style-type: none"> Maendeleo Youth Centre Ahadi Institute Foundation Chemchem Resource Centre Kigoma Training Centre (KTC) 	Kigoma Kigoma Kigoma Kigoma
<ul style="list-style-type: none"> Other 	<ol style="list-style-type: none"> Aqua Lodge Hotel (Income Generating Initiative) Triest Dispensary (Health) 	Kigoma Dar Es Salaam

REMARKABLE IN 2021

Kigoma Training College: a year of construction



The Kigoma Training College (KTC) was officially founded in 2000 by the Brothers of Charity under the name of Institute of Social Work to provide education to refugees from Rwanda, Burundi, and the Democratic Republic of Congo. Later on, the Brothers received the request of the people of Kigoma to provide education to them. The KTC is now one of the biggest and most trusted college in the Kigoma region. In 2021, there were 650 students. The year 2021 has been the most blessed one for the KTC in terms of infrastructure. Primarily, the unfinished building which has been stalk for so many years had been completed, and it is now in use. The building has been able to accommodate four rooms, one office and lavatories. One of the rooms is used as a computer room with a connection to WIFI-INTERNET. Secondly, a hostel was built to accommodate all male students.

This is an **income generating project** which will contribute to the payment of the KTC's running costs. Last, but not least, in 2021 started the construction of a clinical lab. It is now undergoing final construction stages.

Chemchem Resource Centre

In 2021, the Chemchem Resource Centre continued to provide the Kigoma population with short-course computer training services with the highest level of expertise. Between 150 and 450 people, young and adults, attended the courses. This has been possible thanks to the vaccination programme of the Tanzanian government. Also in 2021, the centre managed to increase the number of computers up to thirty computers and to get a modern computer training room and tables.



Marumba Rehabilitation Health Centre

In 2021, the Marumba Rehabilitation Health Centre (MRHC) consulted 2 418 patients and hospitalized 104 patients.

In the same year, several important phases were accomplished in the long-term renovation of the hospital in Marumba:

- the entire electrical installation in the hospital was renewed,
- the second phase of the renovation of the floors was completed,
- new pathways were made,
- the roofs above the rooms for chronic patients were renewed, and
- internet and Wi-Fi were installed.



The management of the centre decided to extend the occupational activities' period for patients to allow them to easily regain their place in society.

Also in 2021, some visitors found back the way to Marumba after a long period of impossibility to travel due to Covid-19.

Kasaka Mental Health Centre



The Kasaka Mental Health Centre (KMHC) consulted 4,496 peoples and hospitalized 308 people in 2021.

To increase accessibility and to attain the objectives of becoming self-sustainable, the centre started providing somatic care to the people of the Kasaka village and to people from surrounding villages which have no health centres. To reduce costs and maintain the culture of Brothers of Charity to be closer to the facility from which they offer their services, the centre started the renovation and the extension of an existing building.

On 10 October, in collaboration with Medical Teams International, the KMHC organized and celebrated 'World Mental Health Day' at the Centre. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide. Government officials, the KMHC's staff and patients, the local population and different local televisions attended the event.

TESTIMONY OF LAAZIZ BAWILI MUSAFIRI



My name is Laaziz Bawili Musafiri, 23 years old and I am deaf. I am from Kigoma Ujiji. I'm working in the Rumonge Deaf Cooperative Centre (RDCC) since 2016. I came to know the RDCC thanks to a friend of mine who was a friend of Imani and who introduced me to him. Imani was active in the RDCC at that time. The following day, I was admitted to the centre and started learning Sign Language. I could then discover that I was not alone to be deaf. There were other deaf people with whom I became quite immediately friend. We could from then fulfil together day-to-day activities and follow different trainings within the centre.

Now in 2021, I have already been active in the centre for 5 years. I have learnt carpentry. I always feel happy and believe that deafness is really not a problem. Deaf people are also human beings, they deserve to be respected like any other person and are able to do what they can within the society and local community according to their capacity.

I am thankful to the Brothers of Charity in Kigoma who accepted me and let me adhere to the RDCC, which is a link with the Deaf Community in the World, especially in Belgium.

THE STORY OF ETIEN NESTORY



Etien Nestory was born in 2006 in Kigoma. He suffers, since childhood, from epilepsy. His parents are poor and therefore cannot afford basic necessities for him, especially daily medicine.

From childhood, his only wish was to go to school like many other children, but he could not because of the daily increase in his epileptic seizures.

In 2017, Etien was admitted to the Bangwe Sheltered Home (BSH) for children with intellectual disabilities of the Brothers of Charity in Kigoma-Tanzania. He has been living there ever since. The BSH provides him with medication and education support.

Etien began studying in a special class for children with disabilities in a Unit for Children with Special Needs at Bangwe Primary School in Kigoma. Now he studies in standard six in an inclusive primary school. He is happy and doing well in his studies. His classmates also make him happy and offer him support wherever they can. And thanks to the regular intake of his medication, his epileptic seizures have also decreased.

Maendeleo Youth Centre - Kigoma

The Maendeleo Youth Centre of Kigoma (MYCK), an institute of Fracarita Tanzania/Brothers of Charity in Kigoma, Tanzania, promotes educational activities, solidarity of the youth with people in need, harmony among the Youth, support for sports and cultural activities. It also initiates self-reliance and the development of the income generating activities by the youth.

The MYCK extends its support to more than three hundred youngsters within Kigoma – Ujiji Municipality in Tanzania.

Although 2021 was a difficult year due to the Corona pandemic, the MYCK was able to conduct following activities:

- **Empowerment of the Wasichana:**



Wasichana is a group of girls (most of them are under twenty) who stopped their studies because of their parents' financial constraints, sexual abuse, early marriage, abandonment after child-delivery by irresponsible men who left them without support. Maendeleo is supporting and empowering these girls by training them in entrepreneurship like cooking, tailoring, making liquid soap, making peanut-bag, learning how to decorate etc.

- **Support to the youth in need:**



The MYCK also paid school fees and school material for youngsters from poor families and especially for orphans. 134 students in primary, secondary and universities received full support (school fees, school uniform, schoolbooks,...) this year.

Note that despite the corona pandemic, there was no lockdown in Tanzania: all sectors were on their duty. Schools and universities also functioned at their normal bases.

- **Support the outreach programme of the Upendo movement:**



The Upendo Movement (in English 'Charity Movement') is a group of youth whose purpose is to do charity within Kigoma-Ujiji Municipality. They visit sick people in hospitals, they visit prisoners and poor family, they do general cleaning and provide material things to people in needs according to their financial capacity.

In 2021, only two outreach programmes were organised i.e.:

- Visit to the orphanage centre, MWOCACHI, in February 2021. The centre has the capacity of 257 Orphans.
- Visit to the Silabu elderly centre. Twenty-five elders are living and receiving care there.

- **Support to the Scout movement:**



The MYCK helps this group of young boys and girls to discover themselves who they are and how to make bright their future.

During this year 2021, the MYCK helped the scout movement to carry out many activities such as cleaning some places in Kigoma town for the sake of hygiene, participation in a conference on the theme "Good Citizen for the benefit of his country", visiting orphans, homeless and poor people, promoting sport and culture of Tanzania through dances and songs, etc.

- **Campaign against Covid-19:**

The MYCK has sensitised the youth to take actions against the spread of the Covid-19 by washing hands with water and soap, wearing masks, and keeping social distance.

TESTIMONY OF ANASTASIA LEONARD

I am Anastasia Leonard, 17 years old. I am an Albino and a single parent with one child. I was in a relationship with an irresponsible father. When he realized I was pregnant, he rejected me completely. He wanted nothing more to do with me or the child. Now I live with my mother. I have been taking a short course in tailoring since 2021, and I am very happy to have found my way here at the Maendeleo Youth Centre, Kigoma (MYCK). At the end of the course, the Maendeleo centre will give me a sewing machine. From then on, I will be able to stand on my own feet and take care of my child. Thank you Maendeleo for the amazing support.

TESTIMONY OF THE MAMA OF TEDDY, A SERVICE USER

I am the mother of Teddy and 44 years old. I have nine children, four girls and five boys. My husband left me alone seven years ago, and I still do not know where he is. I am really happy that my daughter is supported by the Brothers of Charity at the Maendeleo centre. I really hope that Teddy will also support her young brothers and sisters in the future.

Thanks to the Maendeleo centre and all people who are involved in such kind of initiatives.

TESTIMONY OF BAHATI JAMES, A STAFF MEMBER

My name is Bahati James, and I am 40 years old. I have been working as a cook at the Maendeleo centre since 2011. I am happy to work here. At the centre, they offer disabled and street children a meal and a safe place. It warms my heart when I see the children eating their meal with smiling faces. The Maendeleo centre does extraordinary charity work here in Kigoma. Therefore, working here at the Maendeleo centre is a blessing for me and my whole family.

Outside activities limited at the Bangwe Sheltered Home

The Bangwe Sheltered Home (BSH) was established in 2004 to improve the quality of life of children and young people with mental disabilities in the Kigoma region, Tanzania. To be specific the BSH ensures that the basic needs of the beneficiaries such as food, drinking water, hygiene, health, shelter, etc are provided. Furthermore, the home focuses on the social rehabilitation; improvement of environmental situation for its target group through both formal and non-formal education and other activities.

In 2021, the BSH conducted its usual activities with regard to the beneficiaries (education, personal hygiene, counselling, psychosocial support, gardening, sport, ...). Activities outside the compound were limited because of the Corona pandemic. 40 children and young people with mental disabilities benefited from the BSH's services. Among them, five who also suffer from physical disabilities received a special attention: they were provided with physiotherapy care, a wheelchair, a stand chair, or another facility depending on their specific physical disability.



In terms of empowerment, a young boy with disability took a sewing course, while two others were supported with a capital of pig and goats.



Aqua Lodge



Aqua Lodge is a small hotel with – for the time being – nine fully equipped rooms and a modern conference room, which the Brothers of Charity in Tanzania want to use to generate extra income to support their apostolic activities.

The hotel wants to be a hospitable place for its guests, in the spirit and the specific spirituality of the Brothers of Charity, whose original name was ‘Hospital Brothers of Saint Vincent.’ That’s a definite plus for the Aqua Lodge Hotel.

TESTIMONY OF SARAH, HOUSEKEEPER AT AQUA LODGE



I am Sarah, 27 years old. I have been working at Aqua Lodge Beach and hotel as a housekeeper since January 2021. I was desperate for financial help because my mother urgently needed to be hospitalized for treatment. She has been ill for a long time and needs more and more care. Since the Brothers of Charity could not accommodate me at the time because of the Covid-19 pandemic, they chose to give me a day job. This way I can help my mother and take her to the hospital.

I love my work at Aqua Lodge. My colleagues and I work as a team and make sure that our customers are well welcomed and that we offer the standard of our services.

Together we have created a small community that helps us learn from each other from day to day. It is enriching as we come from different corners of Kigoma Town.

And this is all thanks to the brothers!

ASIA



INDIA



We do not allow inequality in our care process and our education

Since	1992	
Coordination	Brother Rejius Toppo	
Brothers	33	
Co-workers/volunteers	25	
Total number of Direct Beneficiaries 2021	62	
SERVICES IN INDIA		Place
<ul style="list-style-type: none"> Mental health services 	1. Param Mitra Sadan 2. Saint Guiseppe Moscati Psycho-Social Rehabilitation Centre	Ranchi Sivagangai
<ul style="list-style-type: none"> Care for people with disabilities 		
<ul style="list-style-type: none"> Education 	1. Saint Peter's School	Ranchi
<ul style="list-style-type: none"> Other 		

REMARKABLE IN 2021

Saint-Giuseppe Moscati Psycho-Social Rehabilitation Centre: Business as usual



Saint-Giuseppe Moscati Psycho-Social Rehabilitation Centre (SGMPSRC) began caring for chronic psychiatric patients in Sivagangai, located in the southern Indian state of Tamil Nadu, in 2008. The centre has an admission capacity of thirty beds. During their admission, residents receive medical treatment, psychotherapy, family therapy, yoga therapy, occupational therapy and actively participate in recreational activities both indoors and outdoors. They

are also educated in health and hygiene. When they are on the mend and their treatment goes according to plan, patients are offered an individualized rehabilitation programme. This lasts 6 months to a year and is mainly aimed at their reintegration into their families and society. That is why we also pay a lot of attention to the family, and they are regularly invited to a meeting or workshop. In 2021, every resident received two doses of anti-coronavirus vaccine.



Mental Health Awareness Rally



On 10 October, St Giuseppe Moscati Psycho-Social Rehabilitation Centre and the Department of Social Work at Ananda College jointly organized a “Mental Health Awareness Rally” to celebrate World Mental Health Day. The theme for World Mental Health Day 2021 “Mental health in an unequal world”, chosen by a global vote, reflects not only an increasingly polarized world, but also the resulting inequalities that increase the risk of mental health problems and limit access to mental health care. The global pandemic, climate

crisis and social disruption put us and the entire world in a difficult position. We face great challenges. That is also why we as caregivers, in this challenging work of mercy, pledged never to allow inequality in the caregiving process. At the end of the rally, the management team of St Giuseppe Moscati Psycho-Social Rehabilitation Centre (SGMPSRC) expressed gratitude to the students at Ananda College who helped organize the event and for their dedication and commitment.

World Mental Health Day 2021 in India

October 2021. Within various regions, worldwide, where Fracarita International is active from its basic mission (a.o. in the field of capacity building in terms of governance and project management, the policy in terms of income generating activities, etc.) the World Mental Health Day on 10 October, was given appropriate attention.

So too in India, at the Psycho - Social Rehabilitation Center Saint Giuseppe Moscati (Tamil Nadu region), headed by Brother Wilfred Swamynathan. In which a substantively strong, varied, and creative program was put together by the students of the Social Work Department of Ananda College, the Roman Catholic Institution of the Diocese of Sivagangai.



As the esteemed guest of honour, Father Densingh Rajan, J had been invited.

The main theme of this celebration "Mental Health in an Unequal World," which is also the global theme proposed by the World Health Organization.

Indeed, the fight against inequality is a reality that the Psycho - Social Rehabilitation Center Saint Giuseppe Moscati tries to tackle daily and with particular commitment, both professionally through an optimal service nourished and based on the Christian inspiration and charism of charity of the Congregation Brothers of Charity.

Moreover, particularly in terms of access to quality mental health care, this threat of inequality, primarily in developing countries, is a worldwide challenge that must be addressed, globally and by appropriate means.

In this perspective, this celebration at the Psycho - Social Rehabilitation Center Saint Giuseppe Moscati has indicated a strong willingness, a clear commitment, and a positive drive, both among the Brothers and the lay staff, to effectively pursue and advocate greater equality in the field of mental health.

INDONESIA



The Covid-19 pandemic has paralyzed our services.

Since	1929	
Coordination	Bro. Polikarpus Manao	
Brothers	27	
Co-workers/volunteers	320	
Total number of Direct Beneficiaries 2021		
SERVICES IN INDONESIA		Place
• Mental health services	1. Panti Sahabat Kita 2. Kunci 3. Renceng Mose	Purworejo Yogyakarta Ruteng
• Care for people with disabilities	1. Don Bosco Institute of the Deaf 2. SLB-C Karya Bhakti centre (School for students with a learning disability)	Wonosobo Purworejo
• Education	1. Junior Boarding School 2. Senior Boarding School 3. SMP Bruderan Junior School 4. SMA Bruderan Senior School 5. TK Karitas Kindergarten School 6. SD Karitas Elementary School 7. SD Bruderan Elementary School 8. SMP Bruderan Junior School 9. SMA Bruderan Senior School 10. TK Karitas Kindergarten School 11. SD Karitas Elementary School 12. SMP Karitas Junior School	Purworejo Purworejo Purworejo Purworejo Purwokerto Purwokerto Purwokerto Purwokerto Purwokerto Yogyakarta Yogyakarta Yogyakarta
• Other		

REMARKABLE IN 2021

2021 was a very difficult year for Panti sahabat Kita, the Residential Mental Health Centre established by the Congregation of the Brothers of Charity in Purworejo, Indonesia. The country was in a very difficult situation during the corona pandemic. The economy was fragile and daily food was very difficult to find in the market. The centre did not organize outdoor activities to prevent COVID-19 infections and applied the health protocol procedure established by the Indonesian government. However, in August, some patients of the centre were affected by COVID-19 and one of them died due to this infection.

PAKISTAN



We are open to emergency needs of our Brothers and Sisters.

Since	1990	
Coordination	Brother Waseem Khan	
Brothers	6	
Co-workers/volunteers	40	
Total number of Direct Beneficiaries 2021	412	
SERVICES IN PAKISTAN		Place
• Mental health services		
• Care for people with disabilities		
• Education	1. Saint John Boys Hostel 2. Canon Triest Higher Secondary School for Boys 3. Canon Triest Primary School	Peshawar Lahore Eisa Nagar
• Other		

REMARKABLE IN 2021

Solidarity with students in need and their families



At the beginning of 2021, many students left our Canon Triest School for financial problems. Their parents had no income any more because of the Covid-19. As an organization moved by charity, we have analysed their situation and decided not to charge them school fees and to give them free schoolbooks. Few days after the announcement, many students came back to school and many new students were admitted. Their parents were very thankful to our organization for the support to their children.

Seminar for youth on online business



On 12 June, Fracarita Pakistan organized a two-hour seminar on 'online business for youth' as most of them are unemployed due to the Corona pandemic. The seminar was conducted by a young professional who has several online jobs. He was ready to help, guide, and inform the youth to this Online business. Because for the youth, the ultimate goal is to earn money while staying at home and to secure themselves and their families. 65 youth participated in the seminar, which shows the interest of these youngsters of online business.

Solidarity with victims of the Covid-19 pandemic



We are all aware of the effects of Covid-19 pandemic on the financial situation of people all around the world. Millions of people have lost their jobs and are now facing many financial difficulties. Since the start of the Corona pandemic, Fracarita Pakistan has been helping needy families and individuals. On the first of July, our staff visited the slums around the city of Lahore to help 75 Gypsy Families with grocery packages. These people are homeless and do not have proper sources of income to feed their children. The Corona pandemic has worsened their situation. They were used to coming to us for assistance, but in turn, we visited them in their living environment.

Solidarity with brick kiln workers



In Pakistan, approximately half of the annual rainfall occurs between July and August. These are difficult months for brick kiln workers because there is no work for them in this period. As result they must take loans from brick kiln owners to feed their families.

In August 2021, we supported these people with grocery packages.

PAPUA NEW GUINEA



A 'new' mission country, new challenges to be addressed!

Since	2012	
Coordination	Brother Albert Nkoy	
Brothers	11	
Co-workers/volunteers	4	
Total number of Direct Beneficiaries 2021	8	
SERVICES IN PAPUA NEW GUINEA		Place
• Mental health services		
• Care for people with disabilities		
• Education		
• Other	1. Charitable services	Yampu and Wabag town

REMARKABLE IN 2021*A mission at a re-starting phase*

The mission of the Brothers of Charity in Papua New Guinea began in 1970 and closed in 2006. In 2012, at the request of the local bishop, some Brothers of Charity arrived in Wabag and started helping poor people there. In 2021, they identified the poorest of the poor in the Yampu area and in Wabag town and provided them with charitable services (distribution of food, clothes, sometimes money). Their services also included visiting patients in health centres and prisoners and taking care of people with disabilities. For, Papua remains a mission field in the full sense of the word. The focus on people with a disability and psychiatric patients is there, as in many other places, very poorly present. They already gave us some hints what the big needs are, and of course, as we say before, people with disabilities or psychiatric patients are on top of that list.



PHILIPPINES



We organised consultations and education online when no other option was possible

Since	1981	
Coordination	Brother Joel Ponsaran	
Brothers	8	
Co-workers/volunteers		
Total number of Direct Beneficiaries 2021	9	
SERVICES IN PHILIPPINES		Place
• Mental health services	1. Holy Face Rehabilitation Center for Mental Health	Tabaco
• Care for people with disabilities	1. Ortho-pedagogical Institute	Manila
• Education		
• Other		

REMARKABLE IN 2021

Services closed during the Covid-19 pandemic

The two institutes of the Brothers are both recognized, accredited, and given licence to operate by the government of the Republic of the Philippines. The institute in Manila, the Ortho-pedagogical Institute, a special school for children and young adults with intellectual disability (mental retardation), and other special needs is under the supervision and control of the Ministry of Education, while the institute in Tabaco, Bicol, the Holy Face Centre for Mental Health is under the supervision and control of the Ministry of Health.

In order for the two institutes to legally operate so that we can help the poor psychiatric patients and intellectually disabled children, the Brothers must strictly adhere and follow all the requirements imposed by the government. However, both institutes never receive(d) from the government, like any other institute run by religious or NGOs in the Philippines.

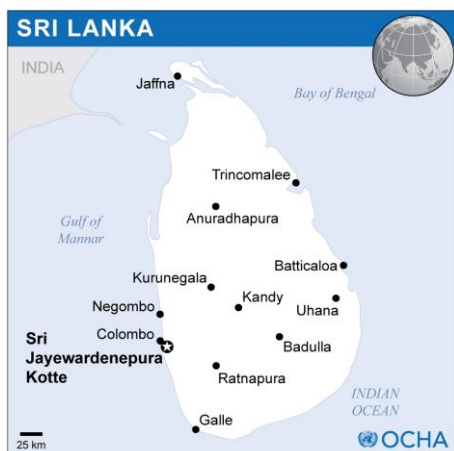
The institutes survive from the generosity of donors, benefactors, and from the small amount shared by our patients and school children. But during COVID-19 pandemic most donors, benefactors either they have closed their businesses or also lost their jobs. Parents and families of our patients and students also lost their jobs. In short, local fundraising is impossible. The institutes were not active in 2020 and 2021 due to lockdowns as a result of Covid-19, strict health protocol, restriction on people's movement and travel, and this by order of the Philippine government.



Since 2020, the institute in Manila has run “online only” classes for people with intellectual disabilities and who can use computers or have computers in the family. Some do not have access to computers because they are too poor to buy computers. Another reality is that they may have a computer but are unable to use the computer because of their disability, or no one at home can help or assist a disabled learner to use the computer. Still, we tried to reach out to these students too by offering them “learning modules” that we

copied for them. Parents collect these “learning modules” from our school every week to teach their children at home. Even with these modular lessons, not all of them succeed because parents are not always available to teach, or do not like to teach, or are just not able to teach. Another factor is the space or place they call “home.” Some of our students live in slums with not even enough room to sleep, let alone room to study. As a result, we have only five students learning “online” and four using modular classes. So out of our 42 students, we could only reach nine students for 2020-2021. The same also applies to our psychiatric outpatient clinic located in the Holy Face Centre for Mental Health, where our psychiatrist does “online” consultation. Here, too, few have access to online consultations. Another way to follow up with our patients is by phone. Our social workers contact the families of our patients to know the situation of our patients. Again, not all of them have telephones or mobile phones. Because they live in remote villages, they may have mobile phones but no “signal.” They must go to municipalities to have a mobile phone signal. Thus, we can therefore assume that a lot of important information is lost through these methods of consultations.

SRI LANKA



We are very thankful to our collaborators for their valuable dedication in the particularly bad pandemic situation.

Since	1988	
Coordination	Brother Christurajan Anthony	
Brothers	13	
Co-workers/volunteers	64	
Total number of Direct Beneficiaries 2021	210	
SERVICES IN SRI LANKA		Place
• Mental health services	1.St. Benedict Menni Mental Health Rehabilitation Centre	Kalmunai
• Care for people with disabilities	1. Nisansala Special Training Centre 2. Nisansala Special Training Centre 3. St. Joseph's Special Education Centre 4. Theeraniyam Centre for Children with Autism Spectrum Disorder	Ja – Ela Negombo Batticaloa Batticaloa
• Education	1. St. Joseph 's Technical Institute 2. Pre- School	Trincomalee Kalmunai
• Other		

REMARKABLE IN 2021

St. Joseph's Special Education Centre Batticaloa

In 2021, St Joseph's Special Education Centre operated for only four months because of the Covid-19 pandemic. For the rest of the school year, the centre sent counsellors to students' homes to provide home education and exercises.



In 2021, the Australian Helping Hands Association funded a project to cultivate mushrooms and a green garden at the centre. Both projects were very successful for the future growth of our students.

St. Joseph's Technical Institute-Trincomalee



Sri Lanka continues to suffer its worst financial slump since independence in 1948. The economic and political crisis in Sri Lanka is making it increasingly difficult for families to make ends meet. Education, one sector slammed by the economic crisis, has seen decreased student enrolment and a deficit in resources.

In 2021, we only received 34 trainees in our institute. This is the half number of the normal admission. It pains the institute that children's education is being hindered by the current crisis in many ways. But, despite everything, all the 34 students successfully finished their courses and were awarded.

Nisansala Ja-Ela and Negombo Centres



Nisansala day services in Ja-Ela and Negombo, supports mentally disabled children and adolescents in their physical and mental development.

In 2021, they functioned with short breaks, but well. This was thanks to the valuable dedication of the staff in the particularly bad pandemic situation. The staff could even successfully organize a Christmas programme and created a fantastic atmosphere for the children.

However, in 2021, the two centres had difficulty finding fuel for their bus assigned to transport the children. This situation still continues

because of the political and economic crisis Sri Lanka is going through. We can not ignore the Miles-long petrol queues, empty shop shelves and fields producing only half the crops that they used to: these are the more obvious signs of Sri Lanka's current economic crisis. The less visible are the meals some citizens are missing because of unaffordable food prices, and the school time children have lost as the country tries to limit its power and fuel usage.

St. Benedict Mennie Mentally Retarded Rehabilitation Centre- Kalmunai



All the psychiatric clients of the centre were affected by Covid-19 at the same time, and one of them passed away in 2021. The centre's management and the staff struggled a lot in dealing with this situation, as even Doctors and Nurses refused to come to the centre. And this as the demand for help came from every corner.



Anyway, a day picnic was later on arranged for the psychiatric clients, so that at least they could enjoy of a relaxed moment outside and in a good atmosphere.

VIETNAM



In some circumstances, our Brothers have shown exceptional courage and self-denial in serving the needy

Since	2003	
Coordination	Brother Dominic Maria Tam	
Brothers	14	
Co-workers/volunteers		
Total number of Direct Beneficiaries 2021	40	
SERVICES IN VIETNAM		Place
• Mental health services	1. Psychiatric Rehabilitation Centre of Hope	Bảo Lộc City
• Care for people with disabilities	1. Day Care Centre for Children with Autism	Hồ Chí Minh City
• Education		
• Other		

REMARKABLE IN 2021

Psychiatric Rehabilitation Centre of Hope



The Psychiatric Rehabilitation Centre of Hope is a modest facility where people with mental health disorder can stay for care and rehabilitated to reintegrated into society. It is located in the Bao Loc City, the capital city of the Lam Dong Province, in South Vietnam. Its construction was finalized in 2020. In 2021, the centre took care of twelve clients under anti-Covid-19 strong and restrictive measures imposed by the Vietnamese government: everybody had to stay inside the centre and meetings with people outside the centre weren't allowed. The pandemic placed a heavy burden on the entire health care system and those who work in it had to do their utmost. We realized that these deliberate pre-emptive strategies could have profound impacts on the mental health of our vulnerable clients. Also, the brothers – caregivers could only take care of the patients, without organizing any activity for them. It was a real challenge, and not easy for our clients as for us caregivers, but these strategies might have been one of the major reasons for Vietnam's success in preventing a generalized COVID-19 community outbreak.

Day Care Centre for Children with Autism



Ho Chi Minh City (HCM) was heavily affected by the Covid-19 pandemic in 2021, and the Vietnamese government took strict restrictive measures for this purpose to contain the spread of the virus to protect the population. As a result, the nursery for children with autism was also temporarily closed for several months from May 2021.

Viewed in its totality, the COVID-19 pandemic became a human and development crisis pressuring the lives of people, and particularly pushing the most vulnerable groups into potential long-term poverty and deprivations.

After all, the pandemic had left millions of people unemployed and thus without income, and so many people relied on the help of benefactors.

So, during this period, the brothers who were working in the day-care centre responded to these new needs that arose by this pandemic, by distributing food to people in need.



The number of teachers and students have been growing at the Day Care Centre for the children with autism in Ho chi Minh city (Vietnam) in the last years. This led to the enlargement of classrooms in 2020. These classrooms are equipped and arranged according to the government's requirements.

Three staff members have been assigned to teach the children, each one being in charge of six to seven children and applying an individualised teaching programme i.e., a teaching programme that is adapted to each child's abilities. Twenty children attend lessons every day.

Two Vietnamese Brothers of Charity were sent to Universities in 2020 to upgrade their knowledge and their competence so that they may be able to care for autistic children in a more professional way in coming years.

LATIN AMERICA



BRAZIL



Since	1998	
Coordination	Brother Eric Verdegem	
Brothers	1	
Co-workers/volunteers	10	
Total number of Direct Beneficiaries 2021		
SERVICES IN BRAZIL		Place
• Mental health services		
• Care for people with disabilities		
• Education	1. Associação Estrela da Manhã	São Sebastião de Amoreira
• Other		

NICARAGUA



Since	2009	
Coordination	Brother Jimi A. Huayta Rivera	
Brothers	1	
Co-workers/volunteers	15	
Total number of Direct Beneficiaries 2021	150	
SERVICES IN NICARAGUA		Place
• Mental health services	1. Programa de Intervención Psicosocial "Jesús Amigo"	Granada
• Care for people with disabilities		
• Education	1. Programa de Reintegración Socio-Familiar "Casa Amanacer"	Granada
• Other		

PERU



Since	1962	
Coordination	Brother Jimi A. Huayta Rivera	
Brothers	2	
Co-workers/volunteers	61	
Total number of Direct Beneficiaries 2021	330	
SERVICES IN PERU		Place
<ul style="list-style-type: none"> Mental health services 	1. Centro Especializado de Salud Mental de Ayacucho (COSMA) 2. Centro de Rehabilitación en Adicciones « Escuela de Vida »	Ayacucho Lima
<ul style="list-style-type: none"> Care for people with disabilities 	1. Centro de Educación Básica Especial “Pedro José Triest” (CEPETRI)	Lima
<ul style="list-style-type: none"> Education 		
<ul style="list-style-type: none"> Other 		

EAST-EUROPA



ROMANIA



We would like to express our sincere gratitude to our benefactors and other partners who have enabled us to achieve our goals in this exceptional pandemic year

Since	1994	
Coordination	Mr. Roel Geboers	
Brothers	-	
Co-workers/volunteers	64	
Total number of Direct Beneficiaries 2021	175	
SERVICES IN ROMANIA		Place
• Mental health services		
• Care for people with disabilities		
• Education		
• Other	1. Effata Educational Centre 2. Youth Work 3. Residential Care Centre for Ill Elderly People 4. Social Service for Disadvantaged Groups	Timișoara Butea Butea Prajești-Bogdanesti

REMARKABLE IN 2021

Support of the Educational Centre 'Effata' in Timișoara

The counselling centre 'Effata' in Timișoara (West Romania) was founded by the Brothers of Charity in 2001 and was initially meant to serve as Day Care for young people infected with HIV. Today, the presence of the Brothers of Charity is continued by a group of associate members who have a direct link with the General House in Rome. Fracarita Romania monitors all activities. Gradually, the target group evolved into underprivileged young people from the neighbourhood, often from very vulnerable families. About twenty-five children between 6 and 14 years come to the centre every working day after school and are supervised in their school tasks. Learning material is adapted to their needs. School results show that this support is very effective and that the children are highly motivated to continue their studies.



Despite the severe effects of the coronavirus in Romania, Effata was able to remain open throughout 2021. However, some organizational changes had to be made. Before the corona crisis, all youth were present in the centre at the same time, but in 2021 the centre worked with 4 groups of six children. Two groups with primary school age children had to come to Effata immediately after school, around 12:30 p.m., and remained there until 3 p.m. The other two groups with middle school age youth had to come to the centre from 3 p.m. to 5:30 p.m. For corona safety reasons, the activities of the different groups took place in well separated rooms. Already in 2020, the necessary adjustments were made to the building.

The children were used to get a daily warm meal in Effata, but since the corona pandemic outbreak, they can no longer eat at the centre. Each child gets a bread meal to take home, which is actually enough to feed the whole family. This means that the children spend less time in Effata every day. As compensation to this, numerous additional online contacts with the young people are provided. Since 2020, it has been ensured that all young people visiting the centre have a laptop or smartphone.

Also, during the school holidays – except the week between Christmas and New Year – the children can visit Effata on working days. During these periods, workshops are offered with the aim of further developing of social, emotional, and motor skills, and attitudes in a structured way. In the past, the families of the children were little involved in the work of Effata. Only occasionally, in parenting crisis situations, parents were guided. Now families are regularly informed about the functioning of the centre and the functioning of their children. They are also regularly called upon for some activities. The presence of a psychotherapist in Effata also means that more attention is paid to the psychological support of several children. Where necessary, parents include mothers and fathers, as well as other caregivers who function as parents, are also supported in the upbringing of their children.

For several years, Effata has also been active in some primary schools in Timișoara, where it has provided vulnerable children with the same guidance as in Effata itself. In 2021 Effata was already active in four schools, reaching about 150 underprivileged young people, including many Roma children.



United Way Romania

Financial support for counselling in the different schools comes from 'United Way Romania,' an organization that collects money from companies in Romania for projects with children.

2021 was the last year that the Flemish volunteer group 'Mariakerke (Ghent) helps Romania' financially supported Effata. Meanwhile, the Timișoara city council increased its subsidy, started in 2018, to Effata so that no immediate financial problems for the centre can be expected. We can only be grateful that the Mariakerke volunteer group has supported us all these passing years with their help and donations.

OVERVIEW OF THE ACTIVITIES IN WHICH FRACARITA INTERNATIONAL PARTICIPATED AT INTERNATIONAL LEVEL IN 2021:

Impact of COVID-19 on our partners in the South



The world has been under the spell of COVID-19 for quite some time. Our partners in the South are taking as many measures as possible to prevent and avoid the further spread of the coronavirus. They prepare themselves for the moment that people who work in our services, people who are hospitalized, or come by for care, become infected.

People stay at home as much as possible. 'Social distancing' has become a worldwide concept. Everyone keeps as much distance from each other as possible, and in the fight against the coronavirus, it is very important that we frequently wash our hands thoroughly with soap.

Consequences for the local people

The virus and lockdown measures also affect our facilities indirectly and cause misery:

- food no longer gets into the city from inland and scarcity causes exorbitant prices, also for the basic things.
- no income means that people no longer come to therapy or are no longer able to pay for their care/medication.
- people are no longer allowed or able (due to a lack of public transport) to travel for their follow-up consultations or to visit their families who have been admitted.
- grandparents miss their grandchildren.
- young people miss their school friends.

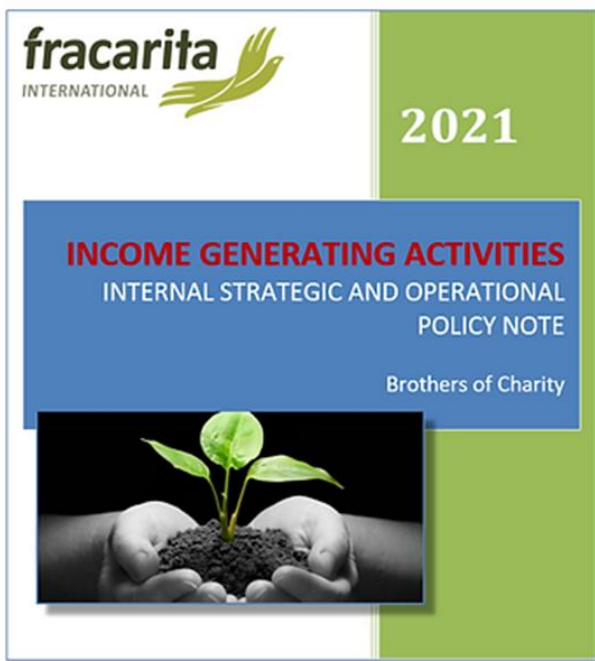
Schools are closed

Although children appear to be less susceptible to the coronavirus, they are confronted with the consequences. In several countries the decision has been taken to temporarily suspend lessons at school to limit the spread of COVID-19 as much as possible. For example, the Saint Peter's School in Simalia, India, has been closed by the lockdown. But also, the schools of the Brothers of Charity in Tanzania, Peru,... are all closed. Unfortunately, distance learning via the internet in schools in the South is not feasible. Pupils are therefore seriously behind in their learning. A consequence for the closed schools is that they still bear the wage burden but receive no income from the school fees.

Challenges

We all hope that COVID-19 will spare our partners in the South as much as possible. They are doing their utmost to prevent the spread. It will be difficult to build up what was abruptly broken down and new forms of poverty will emerge. We face many challenges, but we will face them together as much as possible

Social Entrepreneurship in the South



In the implementation of the decisions taken by the most recent General Chapter of the Congregation of Brothers of Charity, Fracarita International was also given the task of strengthening the "financial viability" of our apostolic works by supporting and guiding the development of "Income Generating Activities" (IGAs), as well as promoting the sustainability and quality of their transparent professional management through further competence building.

To this end, a policy paper was drafted and promulgated in March 2021, which aims to provide a motivating and encouraging reference framework for the development of local or regional viable IGAs. To guide and support this process, an internal working group was also established within Fracarita International, composed of delegates from the various Southern Provinces (Africa, Asia, and the Americas).

The Social Entrepreneurship which we are promoting, in the context of the IGAs of the Brothers of Charity, refers to the process of setting up a structurally profitable activity, taking responsibility and bearing certain justifiable risks. Founded by our Code of Ethics & Conduct.

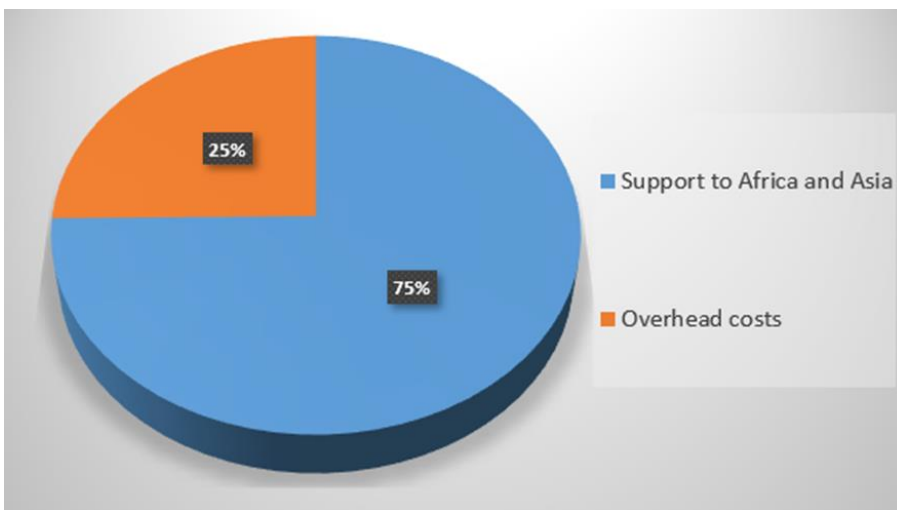
With the central objective of making a net profit in support of our local apostolic activities and the realization of our Mission. Aimed at the group of people who, in many areas, risk losing their human dignity and need our professional and inspired support.

FINANCES

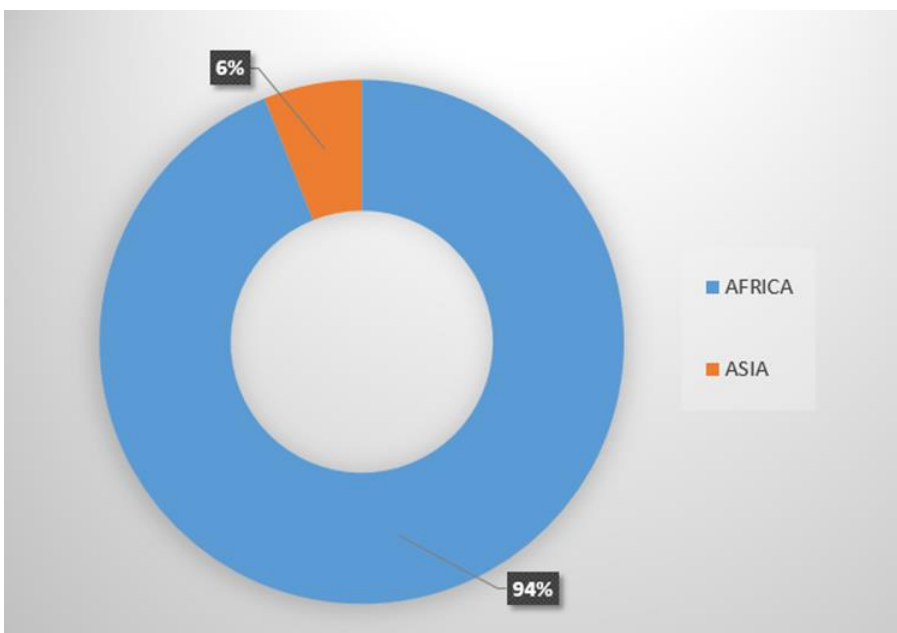
EXPENSES IN 2021

Support to Africa and Asia	493.262	75%
Overhead costs	165.900	25%
Total	659.162	100%

Division of expenses in 2021



Geographical distribution in 2021



PARTNERS & MEMBERSHIPS

FRACARITA INTERNATIONAL IS A MEMBER OF:



FRACARITA INTERNATIONAL WOULD LIKE TO THANK ITS PARTNERS. THESE INCLUDE:



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Brothers of Charity

Fracarita International is the international NGO for development cooperation of the Congregation Brothers of Charity.

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